Running Start Information

Glacier Peak High School

February 16, 2023

Running Start

Agenda:

- **How does Running Start Work?**
- **Who Should Consider Running Start?**
- **Running Start Information Packet**
- **Steps to Enrollment**

What is Running Start?

Running Start is a program that allows 11th and 12th grade students to take college courses at a community or technical college.

- High school and college credits

- Classes are at the college

- Taught by college instructors

- Full-time or part-time

- College level placement required for tuition free enrollment

What is Running Start?

❖Up to 15 credits Tuition Free

❖Families incur some costs: textbooks, class fees, parking, under 100 level courses

❖Summer classes are not tuition free

❖Transportation is not provided to the college.

❖ Students must maintain good standing in GPA.

Running Start

Running Start:
What classes do students take?

❖ High school counselors

❖ High school graduation requirements

❖ Course equivalencies :

❖ Civics at GP = Political Science 202 at EvCC

❖ College advisor

❖ College goals

Course Equivalencies Chart

	Snohomish School District Running Start Class Equivalencies					
	Cascadia College	Everett Community College	Edmonds Community College	Shoreline Community College	Bellevue College	Lake Washington Technical College
English	ENGL& 101, ENGL &102+	ENGL& 101, ENGL& 102+, JOURN 101, JOURN 110, JOURN 111	ENGL& 101, ENGL& 102+, HUM 108, HUM 109, HUM 235, JOURN 115+	ENGL& 101, ENGL& 101H, ENGL& 102, ENGL& 102H+	ENGL& 101+	ENGL& 101, ENGL& 102+
Mathematics	MATH 095*, MATH& 107+, ACCT 140	MATH 096*, MATH 099*, MATH 100+	MATH 097*, MATH& 107+	MATH 099*, MATH& 107+, ACT 104, CS 121	MATH 098*, MATH 099*, MATH& 107+, ACCT 101, BUS 145	MATH 098*, MATH 099*, MATH& 107+, ACCT 111, ACCT 121, ACCT& 201+, ENGT 131, ENGT 132
Science	ASTR 100+, ATMS 101, BIOL 100+, CHEM 105+, ENVS 101+, GEOL 101+, NSCI 101+, OCEA& 101+, PHYS& 100+	ASTR 100+, BIOL100+, CHEM&110, BOT 113+, ATMS 101, ENVS& 100+, GEOL 102+, OCEA& 101+, PHYS 102+	ASTR& 110+, ANTH 215, BIOL& 100+, CHEM& 110+, GEOL& 101+, PHYS& 110+, ENVS& 101+, HORT 102+	ASTR& 101+, BIOL 107+,	ASTR& 100+, BIOL& 100+,	CHEM& 121+, PHYS& 114+, ENVS& 101, HORT 103+, GEOL& 101
U.S. History	HIST& 146, HIST& 147, HIST& 148	HIST& 146, HIST& 147, HIST& 148	HIST& 146, HIST& 147, HIST& 148	HIST& 136, HIST& 137, HIST& 146, HIST& 147,	HIST& 146, HIST& 147, HIST& 148	HIST& 146, HIST& 147, HIST& 148
Government	POLS& 202, POLS& 204, POLS 206	POLS& 202, POLS& 204, POLS 205	POLS& 202, POLS& 204, POLS 206	POLS& 202	POLS& 202	POLS& 202
WA State History	HIST& 214	HIST& 214	HIST& 214	HIST& 214	HIST& 214	Not Available
World History	HIST& 126, HIST& 127, HIST& 128	HIST 103, HIST 111, HIST 112	HIST 111, HIST 112, HIST& 116, HIST& 117, HIST& 118, HIST& 126, HIST& 127, HIST& 128	HIST 234, HIST 235, HIST 236, HIST 237, HIST 238	HIST 103	HIST& 126
World Language	ASL& 121+, CHIN& 121+, FRCH& 121+, JAPN& 121+, SPAN& 121+	ASL&121+, ARAB 121 +, CHIN& 121+, FRCH& 121+, GERM&121+, ITAL 121+, JAPN& 121+, RUSS&121+, SPAN 121+, SWA 121+	ARAB 100+, ASL&121+, FRCH& 121+, JAPN& 121+, SPAN& 121+	ASL& 121+, CHIN& 121+, FRCH& 121+, JAPN& 121, SPAN& 121+	ASL121+, CHIN&121+, FRCH&121+, GERM& 121+, ITAL 121+, JAPN& 121+, SPAN& 121+	ASL& 121+, SPAN& 121+
Fine Art	ART 100+, DRMA& 101+, MUSC 105+	ART 100+, DRMA 100+, GRAPH 100+, PHOTO 110+, FILM 100+, MUSC 105+	ART 100+, DANCE 130+, VISCO 110+, MUSC 101+, DRMA& 101, PHOTO 101+	ART& 100+, ARTJ 204+, CINEM 201+, DRMA& 101+, MUSC 100+, VCT 101+	ART 100+, DANCE 130+, , DMA 100+, DRMA& 101+, MUSC 100+	ART& 100+, DSGN 117+,
Physical Ed	Not Available	PEHW 100 - 199	PE 100+	PE 100+, NUTR 188	PE 103+	FTNS 100+
Health	Not Available	PEHW 203	HLTH 100	Not Available	HLTH 250	Not Available
Career & Technical Education	Any Business, Technology, Vocational, or Family & Consumer Science course level 100 or greater. Speak with your school counselor for information.					

NOTES:

An * symbol indicates a course under 100 level; this class will not be paid for through Running Start.

An & symbol in the title indicates that course is equivalent at community colleges across the state.

Any course not listed in a subject area above can be taken, but will be given elective credit only.

Each college credit is equal to 0.2 high school credit. (Example: 5 college credits = 1.0 high school credit)

# of High School Classes	Free College Credits
0-1	15
2	12
3	10
4	6
5	3
6	0
	Updated: 11/14/2019

College vs. High School Credits

$$5 = 1$$

College vs. High School Credits

College Credits	High School Credits
1	0.2
2	0.4
3	0.6
4	0.8
5	1.0

A Running Start student is eligible up to a maximum of 15 college credits tuition-free per quarter. This is considered a full time college student. If you are part-time, you will be eligible for less credits per quarter.

- One 5 credit college class is equivalent to 1 credit at the high school. For example, if you take English 101 (5 credits) at the community college that will count for the entire year of English 11 at the high school.

Semesters vs. Quarters
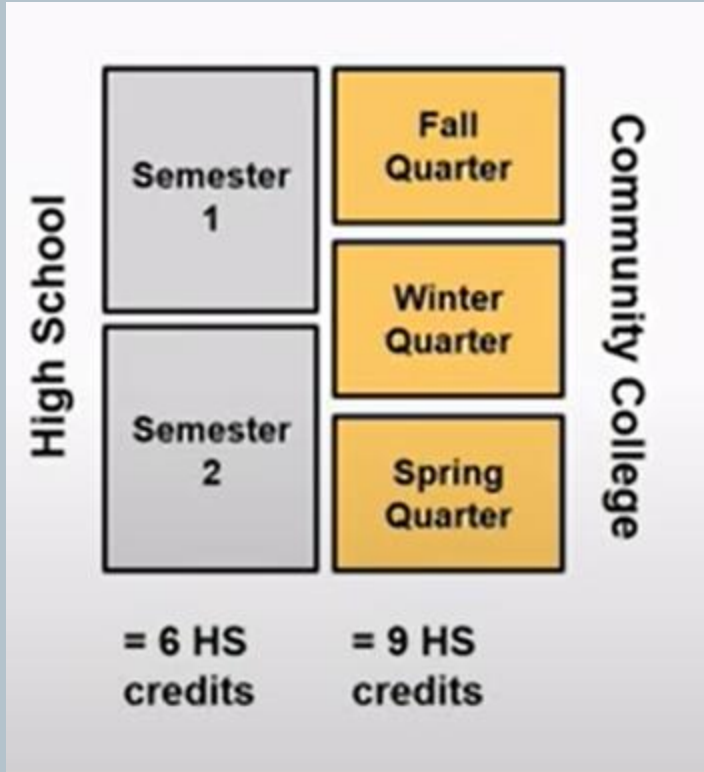
- **GP has two semesters>3 high school credits per semester>6 high school credits per year**

- **Running Start has three quarters>15 college credits/3 high school credits each quarter> 45 college credits/ 9 high school credits in one year**

Credits and Schedules

	Fall	Winter	Spring
	English 101 (5)	US History 146	Physics 101
	Math 141	Spanish 123	Art 101
	Elective	Math 142	Elective
High School Credits Earned	**3**	**3**	**3**

Sample Running Start Schedule at a college with 15 credits per quarter

	Semester 1	Semester 2
	English 11 A	English 11 B
	Physics A	Physics B
	Precalculus A	Precalculus B
	US History A	US History B
	Spanish 3 A	Spanish 3 B
	Elective A	Elective B
High School Credits Earned	**3**	**3**

Sample GP Schedule Junior Year

Which colleges do GP students attend?

Everett Community College	Ocean Research College Academy (ORCA) through EvCC	Cascadia College
Edmonds Community College	Lake Washington Institute of Technology	Bellevue College

# ORCA - Ocean Research College Academy @EvCC

ORCA is an early college academy for high school students, who can earn up to two years of college credit while completing their high school education. Most students graduate with an associate degree in addition to a high school diploma.

ORCA Program Information Sessions.
- Thursday, March 2, 2023 @ 6:00-7:30pm.
- Thursday, April 20, 2023 @ 6:00-7:30 pm.

Running Start Enrollment Steps

Step	Person(s) Responsible	Task	Complete through GP or College?
1	Student/Parent	Read through this packet.	**Glacier Peak High School (GP)**
2	Student/Parent	Go to the Running Start webpage of the college of your choice to sign up and attend a Running Start information session (if offered by the college).	**COLLEGE** *Google Search: "Name of College" and "Running Start"* *Colleges most attended by GP students:* *Everett Community College* *Cascadia College* *Edmonds Community College* *Bellevue College* *Lake Washington Technical Institute*
3	Student	Apply to the college online.	**COLLEGE**
4	Student	Complete English and/or Math placement.	**COLLEGE -** take Accuplacer *(recommended)* **or** submit Transcript or SBA scores *Use your transcript from registration and SBA scores in Skyward under Portfolio*
5	Student/Parent	Read and sign the **GP Running Start Agreement**	**GP**
6	Student & School Counselor	Call 360-563-7604 to schedule a meeting with your counselor. Bring the following: ● **GP Running Start packet with signed contract** ● **Placement results (English and/or Math)** ● **RSEVF Your part completed with CTCLink ID**	**GP**
7	Student	**Send the RSEVF to the Running Start Office at the college.**	**College**
8	Student	Complete college requirements for advising and register for classes online at the college.	**College**
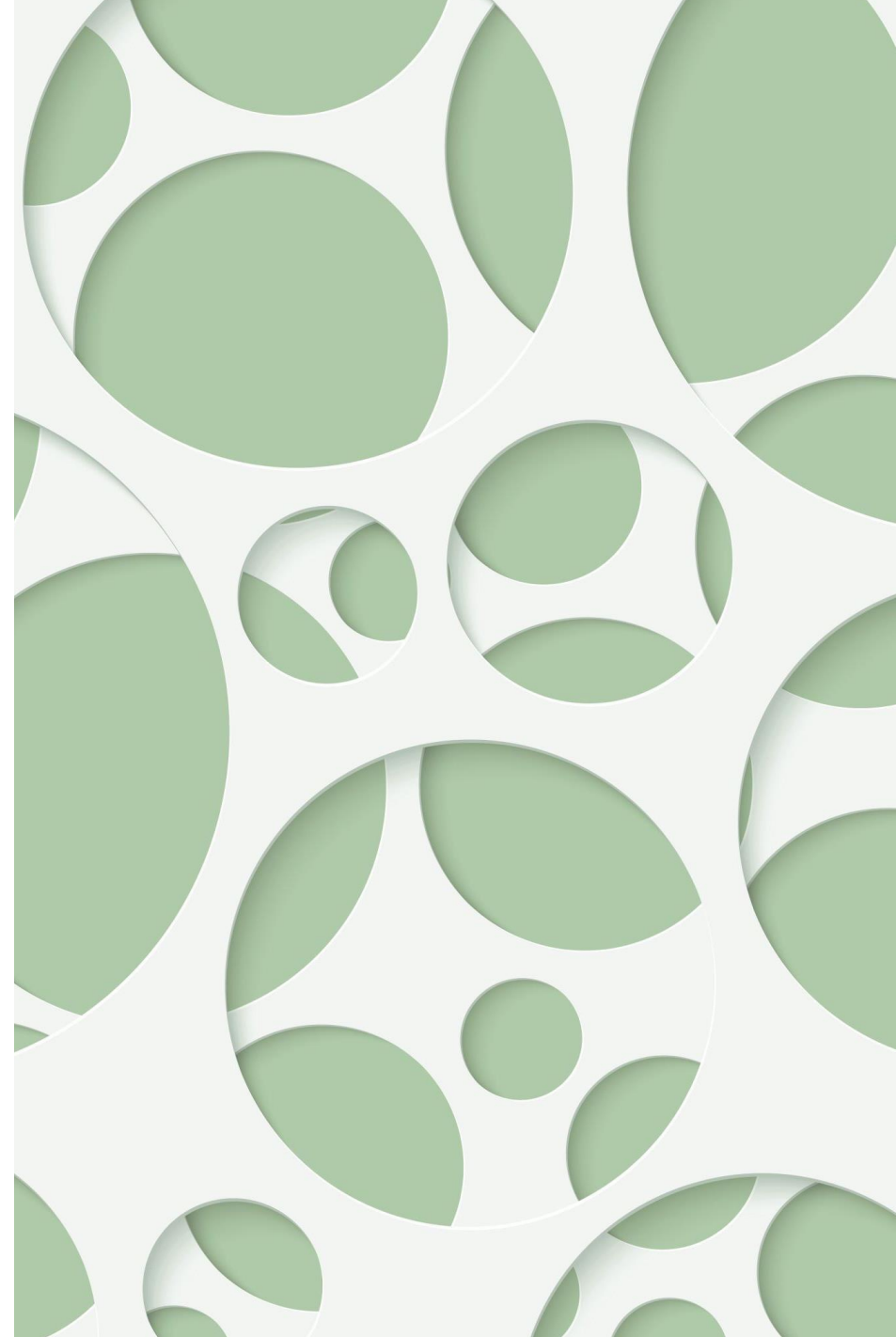
Running Start Enrollment Verification Form (RSEVF)

- Your RSEVF is completed with your high school counselor **EVERY** quarter you attend Running Start.

- It is your responsibility to schedule an appointment with your counselor to complete your RSEVF at least 7 days before your registration date

- Your registration will be blocked each quarter until you submit your RSEVF

Washington Office of Superintendent of **PUBLIC INSTRUCTION**

Running Start Enrollment Verification Form

Student

Student Name: _____
Last Name   First Name   MI

Home Phone: _____   Cell Phone: _____

Email Address: _____   SSID#: _____

Responsible Parent/Guardian: _____

College: _____   College SID #: _____

☐ Check if this is a revision
☐ New Student
☐ Returning Student
☐ Student Enrolled in Multiple Colleges
☐ Spring Quarter Eligibility Adjustment Form (SQEAF) attached.

High School Counselor & Running Start Advisor/Rep

Free and Reduced-Price Lunch (FRPL) Status (required to be completed for 2020-21 school year) Students who are currently FRPL eligible (or anytime in the past five school years) may receive tuition and fee waivers from a college.

Is the student currently eligible for FRPL? ☐ Yes ☐ No HS Counselor Initials: _____

The parent or guardian signature below provides permission to share FRPL eligibility status only with the Running Start college for the purpose of ensuring access to tuition and/or fee waivers. Choosing not to sign the consent will not affect the student's eligibility for access to Running Start or free and reduced-price meals or free milk. The individuals and programs receiving the information will not share the information with any other entity or program.

Parent/Guardian Signature: _____   Date: _____

School Yr: _____   College Term: ☐ College Quarter ☐ College Semester

High School: _____   Fall, Winter, Spring Qtr. / 1st or 2nd sem.

District: _____   Grade Level: ☐ Jr ☐ Sr ☐ 5th Yr Sr

For the college term above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE). Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.

Comments: _____

Running Start Funding Limit Table

Enrolled High School			Available College
Weekly Minutes *	FTE	Max Allowed FTE	Max Credits
0 - 341	0.00 - 0.20	1.00	15
342 - 457	0.21 - 0.27	0.93	14
458 - 557	0.28 - 0.33	0.87	13
558 - 674	0.34 - 0.40	0.80	
675 - 790	0.41 - 0.47	0.73	
791 - 890	0.48 - 0.53	0.67	10
891 - 1,007	0.54 - 0.60	0.60	10
1,008 - 1,123	0.61 - 0.67	0.53	8
1,124 - 1,223	0.68 - 0.73	0.47	7
1,224 - 1,340	0.74 - 0.80	0.40	
1,341 - 1,456	0.81 - 0.87	0.33	5
1,457 - 1,556	0.88 - 0.93	0.27	4
1,557 or more	0.94 - 1.00	0.20	3

Recommended Running Start Classes:

College Course (Dept. & Number)	# of College Credits		High School Equivalency	# of HS Credits
		=		
		=		
		=		
		=		

Signature of High School Counselor   Date   Signature of College Running Start Advisor/Rep   Date

High School Counselor Printed Name   Phone Number   College Running Start Advisor/Rep Printed Name   Phone Number

Student & Parent/Guardian

I understand that:
- The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
  1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
  2) withdrawing from the excess college or high school course(s).
- The student is required to pay any class/lab fees charged for college classes.
- Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill high school graduation requirements.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer.
- The student and parent's signatures below provide permission for the high school and college to share the Running Start student's academic records, which can include the student's grades, billing, registration, and attendance records regardless of whether FERPA rights belong to the student or parents.
- After completing the college coursework, students are responsible for requesting official college transcripts through the college's registrar office.

I acknowledge that I have read and understand both sides of this form, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

Running Start Placement

Students should place into college level English *and or Math*

Placing into English 101 predicts that students are academically ready to take college level courses

Each college has placement options

Please review the Placement requirements at each college you are considering

Running Start

Is Running Start right for you?

- Are you an independent learner?

- What are your goals taking college classes?

- What are your post high school plans?

- Are you comfortable with diverse situations?

- Are you excited about academic challenges?

- Register for GP classes until you are a registered Running Start student.

- Social life-Will you miss your high school relationships?

- Academic Rigor-are you ready?

- Maturity and Independence

- Cost of books, fees, parking, transportation

- Conflict with high school schedules and holiday breaks

- Quarters vs. Semesters

- Availability of required courses

- Stay connected to GP through the GP Daily Bulletin, and GP Website

Final Thoughts to Consider

Running Start Questions

Text (360) 362-1744