Dear Central families,

Happy February! I wanted to give everyone a general reminder about video games and primary-age students. I have seen an increase of students “acting out” different aggressive and violent video games during recess, often with imaginary weapons. As you can imagine, this quickly can lead to aggressive play-fighting and at times the recess teachers, myself, our counselor or our behavior coach have to intervene and stop the play. Please talk with your children about appropriate games and activities for school, and please make sure that you are aware of the games they are playing at home. In addition, we have talked with students who are interested in “dating” at school. Our rule is that we can be friends with everyone, but we don’t have boyfriends or girlfriends at school. I really appreciate your support with this matter.

The end of January marks the middle of our school year. It is the first formal report card period and our teachers have been busy gathering assessments, reading with students and compiling data in order to give you accurate information about your child’s progress so far this year. Part of our assessment program is to read one-on-one with each child to determine their independent and instructional reading levels. We did this back in September and now again in January. It is amazing to see the growth that our students have made so far this year! Taking the time to practice reading together every night makes a huge difference in a child’s progress, thank you for all you do at home to support learning.

Another thing you will see on your child’s report card is their attendance. Our instruction starts right at 8:20 when class starts and if your child is chronically late or absent, they are missing important learning time. Many classes start reading groups right at 8:20 and other grades start with important community-building activities that are difficult to miss or arrive late to. We post our number for daily tardiness and absences added together on the office counter to help inform parents about our daily totals. From the start of the year our number has ranged from 0-38. Our goal is every student here, every day. Please help us with your child’s academic growth by ensuring regular attendance. We remind our students all the time, “Every Minute Counts!”

Best regards,
Heidi Rothgeb
Principal

Kindergarten Registration for the 2020-2021 School Year
Snohomish School District will hold their Kindergarten registration event on Wednesday, March 4 from 4-7 p.m. at all district elementary schools. Please plan to attend and bring your registration materials and your Kindergartner with you. Packets will be available online and in school offices the end of February. Take the time now to locate your Kindergartner’s birth certificate and update their immunizations.

We love our Watch D.O.G.S.
(Dad’s Of Great Students)
We still have upcoming openings for you to come spend the day at school being our Watch DOG. If a half day, morning or afternoon works better in your schedule we can accommodate that. You must have an approved volunteer clearance on file. If you have questions or would like to put your name on our calendar, please call Sarah Sannes at 360-563-4603 between 8:30 am and 1:30 pm.

Central-Emerson Yearbooks will be on sale soon. Please plan to pre-order and pay for a yearbook during this time to guarantee a yearbook for your student in June. Watch Thursday folders in mid February for the order form.
### Central Primary Center  
**February 2020**

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**From the Health Room:**
We are in the midst of flu season and the CDC recommends the following...
the single best way to protect against the flu is to get a flu vaccine each year. CDC recommends that everyone 6 months and older, especially people at high risk for developing serious complications from flu, get vaccinated each season.

What are other steps that can be taken to prevent flu illness?
- Take everyday preventive actions to stop the spread of germs.
  - Try to avoid close contact with sick people.
  - If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone (without the use of a fever-reducing medicine) except to get medical care or for other necessities.
  - While sick, limit contact with others as much as possible to keep from infecting them.
  - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
  - Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
  - Avoid touching your eyes, nose and mouth. Germs spread this way.

For more information…
[https://www.cdc.gov/flu/about/qa/preventing.htm](https://www.cdc.gov/flu/about/qa/preventing.htm)

**Attendance Line:** Please call the attendance line at 360-563-4602 to report an absence. This line is available 24 hours a day to leave your message. Students must be fever free for 24 hours before returning to school. This helps the spread of communicable disease. Thank you for your cooperation.

**Afternoon transportation changes:** If you are making a change to your child’s afternoon transportation plan please send a note in the morning or call the office by 1:30. This will enable us to make sure your child receives a bus pass.

**Names on notes please:** When sending lunch money or end of day notes to school with your child, please always write your child’s first name, last name and teacher’s name on the envelope or note. All notes and lunch money are sent to the office and it is sometimes difficult to know which “Johnny or Jane” they belong to. We have many students here at Central who share the same first name.

**If your student is going home with another student on the bus, we need to know the bus route #, the bus stop and the first and last name of the student they are going home with.**

**Dress for the weather:** Parents, please help make sure your student comes to school dressed appropriately for the weather since most days our students will be going outside for recess.

Thank you!