

STUDENTS

Student Sports – Concussion, Head Injuries and Sudden Cardiac Arrest

Concussion, Head Injury and Sudden Cardiac Arrest Management in Interscholastic Athletics

- A. Administrator in Charge of Athletics Duties:
1. *Updating:* Each spring, the administrator in charge of athletics shall review any changes that have been made in forms required for concussion, head injury and sudden cardiac arrest management by consulting with the WIAA or the WIAA Web site. If there are any updated forms, they will be adopted and used for the upcoming school year.
 2. *Identifying Sports:* All Interscholastic Athletics in the District will be subject to the Concussion, Head Injury, and Sudden Cardiac Arrest Policy 3423 and 3423P.
- B. *Coach Training:* All Interscholastic Athletic coaches and volunteers shall undergo training in head injury, concussion management, and sudden cardiac arrest per WIAA guidelines prior to assuming coaching duties by one of the following means: (1) through attendance at a WIAA or similar presentation which uses WIAA guidelines; or (2) by completing WIAA online training. Records will be maintained in the District for all required trainings.
- C. *Parent Information Sheet:* On a yearly basis, a concussion and head injury and sudden cardiac arrest information sheet shall be signed by the youth athlete and the athlete's parent and/or guardian prior to the youth athlete's initiating practice or competition. These information sheets are incorporated into the parent permission sheets which allows students to participate in extracurricular athletics.
- D. *Coach's Responsibility:* A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be immediately removed from play. The coach or trainer shall promptly notify the parent and/or guardian of suspected concussion or head injury and the need for the student to be evaluated by a licensed health care provider trained in the evaluation and management of concussion.
- E. *Return to Play After Concussion, Head Injury or symptoms of sudden cardiac arrest:* A student athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion or sudden cardiac arrest and receives written clearance to return to play from that health care provider. The health care provider may be a volunteer.

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