

STUDENTS

Accommodating Students with Diabetes Procedures

I. Individual Health Care Plan

The District will develop and follow an Individual Health Care Plan (IHCP) for each student with diabetes. The IHCP will be updated annually, and more frequently as needed. In addition, the District will:

- a. Obtain necessary parental signed requests and instructions for treatment and care of students with diabetes;
- b. Obtain orders from licensed health care providers prescribing within the scope of their licensed authority for monitoring and the treatment of students with diabetes at school;
- c. Provide sufficient and secure storage for medical equipment and medication provided by the parent/guardian of students with diabetes;
- d. Permit students with diabetes to perform blood glucose tests, administer insulin, and treat hypoglycemia and hyperglycemia, and have easy access to the necessary supplies and equipment to perform monitoring and treatment functions as specified in their IHCP. This includes the option for students to carry the necessary supplies (not to include a glucagon injection kit), and equipment on their person and perform monitoring and treatment functions consistent with their IHCP anywhere on school grounds, in their classrooms, and at school sponsored events;
- e. Permit students with diabetes to eat whenever and wherever necessary, including on the bus or in other areas where food is generally prohibited, as specified in their IHCP. When food is served at school events, provisions will be made for appropriate food to be available to the student with diabetes. Food will never be withheld because of nonpayment of fees or disciplinary action. Students with diabetes will not miss meals because they are not able to pay for them. The charge for the meal will be billed to the parent or adult student and collected consistent with District policy;
- f. Allow flexibility in the student's school schedule, if specified in their IHCP;
- g. Permit students with diabetes to have unrestricted access to water and bathroom facilities, as specified in their IHCP;
- h. Develop individual emergency plans for students with diabetes;
- i. Provide parents/guardians, appropriate staff members, and health care providers of students with diabetes with a description of the student's school schedule as

- needed to facilitate the timing of meals, snacks, blood sugar testing, insulin injections, and related activities;
- j. Distribute each student's IHCP to appropriate staff based on the student's needs and the staff member's contact with the student; and
 - k. Possess legal documents for parent-designated adults to provide care, if needed.

II. Parent-Designated Adults (PDA)

Parents of students with diabetes may designate an adult, who may be a school district employee, to provide care for their student consistent with the student's IHCP. The parent-designated adult (PDA) must be a volunteer and must receive additional training from a health care professional or expert in diabetic care. To be eligible to be a PDA, a school district employee who is not licensed under Chapter 18.79 RCW must file, without coercion by the District, a voluntary, written, current and unexpired letter of intent stating the employee's willingness to be a PDA. The letter must be dated and will be valid for not longer than one year. If an unlicensed school employee chooses not to file a letter, the employee will not be subject to any employer reprisal or disciplinary action for refusing to file a letter.

The District Health Specialist or designee is not responsible for the supervision of the PDA for those procedures that are authorized by the parents.

III. Training - School Employees

In-service Training

Annually, in-service training will be provided to all school employees. In-service training will cover symptoms, treatment, and monitoring of students with diabetes and the additional observations that may be needed in different situations that may arise during the school day and during school sponsored events.

Specific Training

All school employees who have responsibility for diabetic students must complete training in the proper procedures for care of students with diabetes. Either the District Health Specialist or designee will offer such training. Such training must include information on individual student's IHCP requirements, as well as detailed information on symptoms, treatment, and monitoring of students with diabetes.

IV. Training – Parent Designated Adults (PDAs)

PDAs who are school employees must undergo both the In-service and Specific Trainings described above. PDAs who are not school employees must show evidence of

comparable training and meet school district requirements for volunteers. All PDAs must receive additional training from a health care professional or expert in diabetic care for the additional care the parents have authorized the PDA to provide.

Adopted date: July 23, 2003
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