

STUDENTS

Anaphylaxis Prevention Procedures

For students with a medically diagnosed life-threatening allergy, the District will take appropriate steps for the student's safety, including implementing an Individual Health Care Plan (IHCP). The District will utilize guidelines published by the Office of the Superintendent for Public Instruction (OSPI) for the care of students with anaphylaxis.

Parent/Guardian Responsibility

Prior to enrolling a student, the parent/guardian must inform the school in writing of any medically diagnosed allergy(ies) and risk of anaphylaxis. The parent/guardian must also provide a medication or treatment order for any life-threatening allergies. Upon receiving documentation of the student's diagnosis, school staff will contact the parent/guardian to develop an IHCP. Such a plan will be developed for each student with a medically diagnosed life-threatening allergy.

Individual Health Care Plan

The Individual Health Care Plan will identify the student's allergies, symptoms of exposure, practical strategies to minimize the risks and how to respond in an emergency.

The principal or designee (building nurse) may arrange a consultation with the parent/guardian prior to the first day of attendance to develop and discuss the IHCP. The plan will be developed by the parent, nurse and appropriate school staff. If the plan includes self-administration of medications, the parents, students and staff will comply with Policy and Procedure 3419 and 3419P, Self-Administration of Asthma and Anaphylaxis Medication.

Annually and prior to the first day of attendance, the student health file will contain:

- 1) A current completed IHCP;
- 2) A written description of the medication or treatment order, signed by a licensed health care provider; and
- 3) An adequate and current supply of auto-injectors (or other medications).

The school will also recommend to the parents that a medical alert bracelet be worn by the student at all times. The parents/guardians are responsible for notifying the school if the student's condition changes and for providing the medical treatment order, the auto-injectors and medications as ordered by the prescriber.

Exclusion from School

In accordance with RCW 28A.210.310, students who have a medically diagnosed life-threatening allergy will be excluded from school if a medication or treatment order has not been provided to the school. Prior to excluding the student, the District will provide written notice to the parents or legal guardians that a current unexpired medication or treatment order is required, and that the student will be prohibited from further attendance at the school until a medication or treatment order is provided. The written notice will also inform the parents of their procedural due process rights. Any exclusion will be implemented in a manner that is consistent with the Individuals with Disabilities in Education Act (IDEA) and Section 504 of the Rehabilitation Act of 1973.

Communication of Plan and Responsibility of School Staff

After the IHCP is developed, the school principal or a designee will inform appropriate staff regarding the affected student. The school nurse (registered nurse) will train appropriate staff regarding the affected student and the IHCP. The plan will be distributed to appropriate staff and placed in appropriate locations in the school building and District. With the permission of parents/guardian and the student, if appropriate, other students and parents may be given information about anaphylaxis to support the student's safety and control to exposure to allergens.

In-Service Training

Annually, in-service training will be provided on how to minimize exposure and how to respond to an anaphylaxis emergency. The training will include a review of avoidance strategies, recognition of symptoms, the emergency protocols to deal with an anaphylaxis episode and use of an auto injector. Training will also include notifications that more than one dose may be necessary in a prolonged anaphylaxis event. The nurse will provide student-specific training to teachers and staff who will have known contact with a diagnosed student.

Controlling the Exposure to Allergens

Controlling the exposure to allergens requires the cooperation of parents, students, the health care community, school employees and the Board. The District will inform parents of the presence of a student with life-threatening allergies in their child's classroom and/or school and the measures being taken to protect the affected student. Parents will be asked to cooperate and avoid including the allergen in school lunches and snacks or other products. The District will discourage the sharing of food, utensils and containers. The District will take other precautions, such as avoiding the use of party balloons or contact with latex gloves. Additionally, play areas will be specified that are lowest risk for the affected student.

The District will also identify high-risk events and areas for students with life-threatening allergies, such as foods and beverages brought to school for seasonal events, school equipment and

curricular materials used by large numbers of students and implement appropriate accommodations.

During school-sponsored activities, appropriate supervisors, staff and parents will be made aware of the identity of the student(s) with life-threatening allergies, the allergens, symptoms and treatment. The lead teacher will ensure that the auto-injector is brought on field trips.

Adoption Date: February 13, 2013

Revised Date: April 10, 2019