

STUDENTS

Self-Administration of Asthma and Anaphylaxis Medications Procedures

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.

Students with asthma or anaphylaxis are authorized, in consultation with the school's registered nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school sponsored activities and while traveling to and from school or school sponsored activities if the following conditions are met:

1. A health care provider has prescribed the medication for use by the student during school hours or district activity and has instructed the student in the correct and responsible way to use the medication(s);
 2. The student demonstrates to the health care provider and a registered nurse at the school the skill level necessary to use the medication and any device necessary to administer the medication;
 3. The health care provider formulates a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours or district activity. The written treatment plan should include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use;
 4. The parent or guardian has submitted to the school a written request for the student to self-administer medication(s) for asthma or anaphylaxis, the health care provider's written treatment plan, and any other written documentation required by the school; and
 5. The parent or guardian has signed a statement acknowledging that the District will incur no liability as a result of any injury arising from the self-administration of medication by the student and that the parents or guardians will indemnify and hold harmless the District and its employees or agents against any claims arising out of the self-administration of medication by the student.
- A. An authorization to self-administer medication will only be valid for the same school and school year for which it is granted. The parent or guardian must renew the authorization each school year.
- B. The District will keep the following information on file at the student's school in a location easily accessible in the event of an asthma or anaphylaxis emergency:
1. The written treatment plan prepared by the student's health care provider;

2. The parent or guardian's written request that the student self-administer medication; and
 3. The parent or guardian's signed release of liability form.
- C. Backup medication, if provided by the parent or guardian, will be kept at a location in the school to which the student has immediate access in the event of an asthma or anaphylaxis emergency.
- D. A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school's registered nurse and the student's parents or guardian if the student demonstrates an inability to responsibly possess and self-administer such medication.

Asthma or Anaphylaxis Rescue Procedures

In the event of an asthma or anaphylactic episode, the school nurse will be immediately contacted. In the absence of the school nurse, the person responsible for school health duties will be contacted.

For asthma, the District will follow the most recent guidelines published by the Office of the Superintendent of Public Instruction and the Department of Health including:

- A. Managing the students' school environment;
- B. Training school personnel in rescue procedures;
- C. Accompanying all students exhibiting symptoms;
- D. Providing care as designed in the student's emergency care plan;
- E. Calling 911, if appropriate;
- F. Notifying the students parent or guardian;
- G. Documenting interventions; and
- H. Reviewing the student's emergency care plan and making changes, if necessary.

For anaphylaxis, the District will follow the most recent guidelines published by the Office of the Superintendent of Public Instruction.

Adopted date: April 10, 2019