

# Teen and Adult Group Swim Lessons

Learning to swim or to improve swim strokes is not just for kids. Join us for some “grown-up” swim lessons during a time designated just for adults

## **Teens:**

Tuesdays and Thursdays from  
7:30 p.m. – 8 p.m.

## **Adults:**

Thursdays from 8:15 p.m. – 8:45 p.m.

## **Session fee:**

\$80 for the 5-week session

## **Teen lessons**

Our teen lessons provide opportunity for teenage beginners and novices to learn and improve upon basic water safety and swimming skills while in a class comprised of people in their own age group. Classes are limited to students ages 13-17. Classes have a 6:1 student/teacher ratio.

## **Adult lessons**

Our adult lessons provide opportunity for adults of all ability levels to receive instruction tailored to their specific needs. Whether learning to swim for the first time, or looking to improve your technique, our instructors can help you reach your goals. Classes are limited to students ages 18 and over. Classes have a 5:1 student/teacher ratio.



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