



SNOHOMISH AQUATIC CENTER ~ INTRO TO ~ MASTERS



Are you currently swimming for fitness, but want to be a part of a team? Have you heard about masters swimming, but aren't sure what is involved? This program is for you!

Designed for those looking to take their swimming to the next level, this class will prepare participants for the team and fitness aspect of swimming. Our instructors will teach skills such as turns, starts and other essentials for making the transition from solo lap swimming to swimming with a team.

Details

- January 7 – February 11 (5 weeks)
- \$100/participant
- Mondays from 5 – 6 p.m.
- Register online at www.snohomishaquatic.com or register in person at our Welcome Desk.

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