

# Athletic Training

A career in athletic training offers a rewarding path for individuals passionate about sports and healthcare. In Washington state, this profession has shown promising prospects, with employment data indicating a steady demand. Athletic trainers play a crucial role in preventing, diagnosing, and treating injuries among athletes, helping them perform at their best while ensuring their well-being. With the rising focus on sports and fitness, opportunities for athletic trainers have been on the rise, both in traditional sports settings and emerging areas like corporate wellness programs and rehabilitation clinics. This dynamic field not only allows professionals to contribute to athletes' overall health but also provides job stability and growth potential, making it an appealing choice for those interested in sports and healthcare. The combination of marketing and sports medicine allows students to explore the possibility of owning and managing their own athletic training facility. Students who complete both classes in this pathway will meet CTE graduation pathway requirements.



## Students in this pathway will:

- ➔ Graduate with both sports medicine and business training.
- ➔ Have the opportunity to earn college credit.
- ➔ Have the opportunity to earn an industry recognized credential.
- ➔ Be able to participate in DECA and HOSA

## What high-demand careers are related to an Athletic Training Pathway?

High-demand careers	Annual salary in Washington	Required training after high school	Schools offering degrees or certification
Athletic trainers	\$53,000	Bachelor's degree	Northwest University University of Washington Seattle Pacific University
Medical assistants	\$55,000	High school diploma	North Seattle College Pima Medical Institute – Renton Lake Washington Institute of Technology
Physical therapist assistants	\$43,193	Associate degree	Lake Washington Institute of Technology Pima Medical Institute – Seattle Whatcom Community College
Medical and health services managers	\$145,000	Bachelor's degree	University of Washington City University of Seattle
Medical scientists	Not available	Doctoral degree	University of Washington Washington State University

\* Information from Washington State Employment Security Department, 2023

## What high-demand careers are related to the Athletic Training Pathway?

High school courses in this pathway	College credit offered			Leads to a certification?	Equivalencies offered to meet graduation requirements
	CTE dual credit	College in the High School	AP		
Sports Medicine 1 (1.0 credit)	X			First Aid/CPR	0.5 science credit
Introduction to Marketing (1.0 credit)	X				

### Suggested course sequence - Athletic Training Pathway:



### Course descriptions:

**Sports Medicine 1** – The Sports Medicine 1 course combines course work with physical, hands-on application of learning to help prepare students to explore opportunities in the therapeutic services pathway of health and human services professions. Skills and knowledge developed in the class includes first aid/CPR, blood-borne pathogens, soft tissue healing, basic anatomy, injury prevention, and injury identification, evaluation, treatment, and rehabilitation. Five college credits are available through CTE dual credit. A first aid/CPR certification is available in this class. There is a 0.5 science equivalency credit available to meet graduation requirements.

**Introduction to Marketing** - Students in this class will learn what it takes to run their own business, with a focus on promotion, selling, and communication. Students will have an opportunity to participate in DECA, which is a dynamic club that gives its members exciting opportunities such as competition, travel, and community service. Five college credits are available through CTE dual credit.

## What clubs are offered to practice career-related skills and leadership?

Healthcare Occupations Students of America (HOSA) is the CTE co-curricular opportunity (called a Career and Technical Student Organization) that is related to the Sports Medicine 1 course. HOSA, also known as Future Health Professionals, is a prominent student organization dedicated to preparing young individuals for careers in healthcare and medical fields. Through HOSA, students engage in a range of educational and skill-building activities, including workshops, competitions, and community service projects that promote leadership, teamwork, and clinical proficiency. Members have the opportunity to explore various healthcare disciplines, from nursing and medical assisting to biotechnology and emergency medicine. As HOSA students progress through their education, they gain hands-on experience, develop a strong understanding of healthcare practices, and often pursue further studies in medical or allied health programs. After high school, HOSA alumni frequently enter careers as nurses, doctors, medical technicians, therapists, researchers, and other healthcare professionals, contributing to the well-being of individuals and communities through their expertise and compassion.

DECA is the CTE co-curricular opportunity (called a Career and Technical Student Organization) that is related to the Introduction to Marketing course. DECA, an internationally recognized student organization, prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality, and management. Through DECA, students engage in a diverse array of hands-on activities that promote critical thinking, teamwork, and real-world business skills. Members have the chance to participate in competitive events, workshops, and conferences that enhance their understanding of marketing, economics, and entrepreneurship. As they progress through high school, DECA students cultivate leadership qualities, develop business plans, and gain insights into industry trends. After high school, DECA alumni often pursue careers in marketing, advertising, finance, business management, hospitality management, and related fields, where their honed skills and business acumen are highly valued in driving success and innovation.

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