

HIGH SCHOOL OFF-SEASON SWIM CONDITIONING PROGRAM



LOOKING FOR A PLACE TO TRAIN DURING THE OFF-SEASON AND KEEP IN SWIM SHAPE UNTIL THE HIGH SCHOOL SEASON BEGINS AGAIN?

The Snohomish Aquatic Center is offering high school age swimmers an off-season swim conditioning program. Although the Snohomish Aquatic Center is a Snohomish School District facility, swimmers from any district are welcome to participate in the off-season program.

- Program offered December 3 through August 9 (offered five days a week –three days coached and two days no coach)
- Coach Ben from the Stingray Swim Club will be available on Mondays, Wednesdays and Fridays from 5-6 p.m.
- Extra lap swim time available on Tuesdays and Thursdays from 5-6 p.m.
- Fee: \$65/month for guests or \$50/month for Snohomish Aquatic Center staff
- For more information email swim@snohomishaquatic.com

SNOHOMISH
AQUATIC
CENTER

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