Curt Marsh graduated from Snohomish High School in 1977 and played football, basketball, and track. During his senior year, he and the 1976 Panther football team won the Class 4A State Championship and Curt was honored as a Parade High School All-American. He then played football at the University of Washington and became an All-Pac-10 lineman and third-team All American as a senior. In 1981, he was drafted into the NFL as the 23rd overall pick by the Oakland Raiders. In 1984, he played in Super Bowl XVIII and won a Super Bowl Ring with a Raider win over the Washington Redskins.

While in the NFL, Curt competed in the World’s Strongest Man Competition where he finished as the 5th strongest man in the world at that time. During his 6 year NFL career, Marsh suffered from an ankle injury that eventually led to the amputation of his right foot and ankle. After the amputation, Curt went on to compete in the national weightlifting championships for disabled athletes. He was able to win the gold medal for his weight and injury class.

In 2008, Marsh was inducted into the Washington Interscholastic Activities Association Hall of Fame and in 2011 He was inducted into the Snohomish County Sports Hall of Fame. Curt has spent most of his post-athlete career working with kids is now a motivational speaker, sharing the lessons he has learned from his journey through college and pro sports.

Even after playing in big games like the Rose Bowl, and a Super Bowl, Marsh still says that 1976 4A State Championship game was the most fun he ever had in a game.

Today, Curt and his wife, Pam, live in Lynnwood, and have 3 children - Jake, C.J. and Jillian. According to Curt, his proudest moments ever is being “Papa Curt” to his three beautiful grandchildren.