January 18, 2019

CASCADE VIEW MISSION STATEMENT
Cascade View Elementary is a place where people want to learn as part of a world-class education. Our school is a home away from home, an open door, a place of rigor, wellness, and scholarship where students earn an education that matters and where everyone can expect to have an amazing experience. We do what it takes, we do no harm, we set no limits on our potential to learn and grow, we do it like a family, and we LOVE what we do.

School Calendar:

- January 21: Martin Luther King, Jr. Day – No School
- January 22: Box Tops Collection Contest Starts
- January 24: PTA Meeting
- January 25: Highly Capable Program & Middle School Honors Program Application Packets Due
- January 28: End of Semester – No School
- January 30: PTA Bingo Night and Chili Cook-Off
- February 8: PTA Dads and Donuts
- February 15 – 18: Mid-Winter Break
- March 1: Student Cooking Competition Recipes Due
- March 1: PTA All School Family Dance

The end of the month brings with it the end of the first semester—our teachers are beginning to write first semester report cards that our students will take home with them at the end of the first week of February. Because this report card communication does not come during a parent/teacher conference week, should you have any questions about how your child is doing in class, simply reach out to the teacher for more information. Report cards are just one way we can communicate with you on your child’s progress—other ways include our parent/teacher conferences, assessment or test scores, formative assessments, and even student work. But nothing is more effective then personal communications whenever you have questions.
On a related note, at next week’s PTA meeting, I will be sharing information about some of the current initiatives our district and school is engaged in that’s helping us to “re-imagine” what school needs to look like in order to better meet the growing and unique needs of our students. Information provided will give you a broader perspective on many of the things Snohomish educators are learning which will include information on our trauma-informed partnership with Snohomish county.

Providing this information during a PTA general membership meeting will also give you an opportunity to learn more about this important partnership and how our PTA helps our school to support the learning needs of all our kids. A thriving PTA demands high participation from as many parents as possible. We all hope to see you there, Thursday January 24 starting at 6:30 pm in our library.

Mr. L
Proud Principal

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**From the Health Room**

**Keep Flu Out Of School**

Influenza, also called the flu, is a contagious viral infection of the nose and throat. Flu is easily spread through coughing and sneezing. It can make chronic medical conditions, like asthma, worse. Flu is not the same as the ‘stomach flu’. The flu is a serious disease that is much more dangerous than the common cold. Every year in the United States an average of 100 children die from flu, many of whom were otherwise healthy (CDC, 2017b; Flannery et al., 2017).

This disease usually peaks in Washington between January and March and flu activity is currently on the rise in our area. Please be reminded of our protocol to keep your child home 24 hours after having a fever of 100+ degrees. This means 24 hrs without fever-reducing medications like Advil or Tylenol. Hand washing is the best preventive measure as well as cough etiquette and getting a flu vaccine annually. Children ages 6 months through 18 years can receive a seasonal flu vaccine at no cost through the Vaccines for Children (VCF) program.

You can educate yourself about the differences between flu and colds, remedies, success stories and more at [www.preventchildhoodinfluenza.org/school](http://www.preventchildhoodinfluenza.org/school), or at many other on-line sites. The Washington State Department of Health has weekly updates regarding the flu at: [www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Flu](http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Flu).
Join our Team! Para Educator Substitutes Needed!

Do you know someone who would make a great para educator substitute? Interested applicants need one of the following items: BA or AA from a college or university; 72 quarter or 48 semester college credits; or successfully pass the para pro test with a score of 461. We offer competitive wages ($17.21-$18.18/hour).

If you are interested in joining our team, please apply today at: https://snohomishjobs.hrmplus.net/JobOpenings.aspx (listed under Substitute Para Educators). Call 360-563-7247 with questions.

Interested in being a part of the district’s Human Rights and Equity Team?

On October 24, 2018 the Snohomish School Board approved the charge - “The Snohomish School District will identify and convene a group of representative community members whose purpose is to learn about the dimensions of equity and discrimination in schools as hubs and microcosms of our community; to assess needs concerning equity and discrimination across the District; and to propose shared commitments, structures and action steps designed to address identified needs. Such commitments, structures and action steps should be undertaken in a manner that is consistent with the value that we place as a community on inquiry, collaboration and purposeful action.”

To fulfill this charge, the school district is reconstituting the Human Rights and Equity Team. The focus of the group will be on racial and cultural equity and will include community members, staff and parents who are willing and interested in pursuing this important work. Those interested can learn more and apply by clicking here or visiting www.sno.wednet.edu/humanrightsequityteam.

Upcoming Events

4/5/6 Elementary Highly Capable Program Information

Interested Snohomish School District students who will be in the 4th through 6th grade next school year are encouraged to apply and learn more about the district’s 4/5/6 Elementary Highly Capable Program. If interested, the below dates and information are important. Students currently enrolled in the 4/5/6 Elementary Highly Capable Program do not need to complete the referral process.
- **Friday, December 7** - Referral packets for the 4/5/6 Elementary Highly Capable Program will be available at all elementary schools, online and at the Snohomish School District Resource and Service Center (1601 Avenue D in Snohomish). Referral packets can be downloaded from the district website at sno.wednet.edu/highlycapablehonors.

- **Thursday, January 10** – An information night will be held at 6:30 p.m. at the Snohomish School District Resource and Service Center (1601 Avenue D in Snohomish) for parents/guardians of students who are interested in the 4/5/6 Elementary Highly Capable Program.

- **Friday, January 25** - Completed referral packet deadline. Completed packets can be turned in at student home schools or the Snohomish School District Resource and Service Center (1601 Avenue D in Snohomish).

Questions can be directed to Linda Varner at (360) 563-7296 or linda.varner@sno.wednet.edu and Julie Francois at (360) 563-7258 or julie.francois@sno.wednet.edu.

### Snohomish Health District to present “How to Have the Talk About Opioids”

The Snohomish Health District and Snohomish School District are partnering together to bring you an event focused on opioids in the home. Join us Tuesday, January 15 from 6-8 p.m. at Glacier Peak High School (7401 144th Place SE in Snohomish) in the school’s Performing Arts Center as the Snohomish Health District presents “How to Have the Talk About Opioids.

In addition to a panel discussion and community resource tables, there will be a mock bedroom set up for attendees to walk around and investigate. Find out what products are available on the internet that people purchase to hide drugs and paraphernalia. Learn what to look for and then what to do if you suspect substance use. Attendees will also get tips on how to prevent access in your home, and how to talk to youth about opioids.

For more information on efforts being done in Snohomish County, please visit [www.snohomishoverdoseprevention.com](http://www.snohomishoverdoseprevention.com). This website and accompanying social media accounts were developed to be a one-stop shop for resources. Whether trying to understand the problem, prevent addiction, or save a life, this is a place to find information for that first next step.
Box Tops Collection Contest

Our next box tops collection contest will start on January 22. Start collecting those box tops (ask your family and friends, during Winter Break, to collect for you!). You can use the attached form to attach your box tops to or put the box tops in a baggie. Be sure to write your students’ name and teacher on the form or the baggie. Turn the box tops in to your students’ teacher.

Next PTA Meeting

Thursday, January 24th
6:30 pm in the CVE Library

MOVIE NIGHT at Snohomish High School

Join Snohomish High School FBLA (Future Business Leaders of America) on January 29 in the SHS Auxiliary for a movie night at 6:00pm.

Incredibles 2

Ticket prices range from $3, with free admission for children ages 6 and under. Tickets are available for sale on Brown Paper Tickets: https://www.brownpapertickets.com/event/3922294

Valley View Parent Club Meeting

Valley View Parent Club will be hosting speaker Laurie Harrison, Snohomish School District psychologist, at its January 29 meeting at 7:00 pm. She will be speaking with her intern, Anna Mages, on “Depression, Anxiety and Suicide Prevention.” The group will meet in the Valley View Library on the 3rd floor. All district parents, guardians, childcare providers, pre-teens and teens are welcome. Childcare will not be provided.
January 30 CFAC Community Meeting

Join us from 6:30-8:00 pm on Wednesday, January 30, for a community meeting hosted by the district’s Citizens Facility Advisory Committee (CFAC) to share information and seek input. The meeting will be held at the district’s Resource and Service Center (1601 Avenue D in Snohomish).

The meeting will include information on the state of facilities, enrollment capacities, enrollment projections, and facility standards. The meeting will also provide the CFAC draft priorities and will solicit input from attendees.

Learn more about CFAC and the January 30 community meeting by visiting www.sno.wednet.edu/cfac.

Bingo & Chili Cook-Off
Sponsored by the CVE PTA

Wednesday, January 30th
6:00 to 7:30pm in the CVE Gym

6:00-6:30 pm: enjoy 5 small cups of chili for $5 and drinks for $1
6:30- 7:30 pm: play Bingo for free!
There will be prizes for kids!

$10 to enter our famous CVE Chili Cook-Off and winner takes all!
Entries must be in the gym by 5:30 pm for judging. Last year, we had 15 entries! Please bring an extension cord for your crockpot and a serving spoon. Please sign up to enter the cook-off here: https://www.signupgenius.com/go/10c0f4dada823a5f58-bingo4

To volunteer to help, please sign up here: https://www.signupgenius.com/go/10c0f4dada823a5f58-bingo3
Dads and Donuts is coming up on Friday, February 8 at 8am in the gym. Open to all dads, uncles, grandpas and more! Students look forward to this event every year, so be sure to come by and enjoy the time with your student(s) and have a donut! The PTA needs some Mom’s to volunteer and help. Please sign up here: https://www.signupgenius.com/go/10C0F4DADA823A5F58-dads1

Kids in the Kitchen/Junior Chef Competition

Each year, the Snohomish School District holds the Kids in the Kitchen/Junior Chef Competition, which is sponsored by the Food Service Department.

Submittal info- District 4th - 6th grade students are invited to submit recipes for their favorite after-school snacks. The recipes, which must be submitted by Friday, March 1, do not have to be original. They can be family recipes or from cookbooks, the internet, etc. Recipe submittal forms are available by clicking here.

Finalists and competition - Student finalists will be selected and notified by late April 2019. Finalists will be selected from the submitted recipes and will be invited to prepare their creations at Glacier Peak High School. Families, teachers and principals will be invited to taste these culinary masterpieces at a Friday, May 17, event. The young chefs will feature their creations at a 4:00 pm reception on Friday, May 17, in the Glacier Peak High School Commons. A panel of judges will select the grand prize winners. Past award categories have included:

- Health-conscious foods
- Simple, kid-friendly preparation
- Fun food
- Judge’s choice

All finalists will receive a framed certificate, a recipe book which includes all of the finalists’ recipes, an apron/chef’s coat, as well as a medal. Grand prize winners will receive an additional award. Transportation will not be provided for the cook-off. Kids will need to be dropped off and picked up at Glacier Peak High School. In addition, students will be supervised by kitchen staff and Glacier Peak High School culinary students during the food production to help ensure that safe food practices are followed and that no one gets hurt. For more information, call the Food Service Department at 360-563-7298.
PTA All School
Family Dance
This year’s theme is Luau!!
Friday, March 1
in the CVE gym
More info to come!

Reminders

School Hours
Classroom Hours
Monday - Thursday - 8:35 am - 3:15 pm
Friday - 8:35 am - 1:15 pm

Office Hours
Monday - Thursday – 8:00 am – 4:00 pm
Friday – 8:00 am – 2:00 pm

Student Drop-Off and Pick-Up Lanes

In an effort to build leadership among our sixth graders, and provide a great service to our community, we have student traffic butlers! Every week, we will have a crew of sixth graders out along the parent drop-off/pickup lane to help insure student safety and help the drive line run more efficiently. Here’s what you can do to help:
When in the queue lane, drive as far ahead as possible as guided by our traffic butlers - rain or shine - before loading or unloading your student. This helps to get as many cars as possible into the safe zone to move students in and out of cars. And, please load and unload students *only* in the safe zone next to our sidewalks.

**We are far enough into the school year that parents of kindergarteners should feel comfortable letting their kindies exercise the freedom and responsibility of walking down the sidewalk to join their class lines.**

- Please stay in your car - if you need to get out of your car for any reason, please park in one of the lot stalls. **This includes parents wanting to walk to their kindergarteners to join the class lines.**
- Your children should load and unload on the right-hand side of your vehicle next to the safe sidewalk. It is not safe to have students exit on the left as they are then exposed to oncoming traffic!
- When you can safely do so, please merge in to the left “passing” lane to exit from the queue line. And please, do this slowly and safely in conjunction with the other parent drivers. Please avoid “straddling the line” until it is time to merge. We can better keep cars moving if we utilize both lanes as much as possible.
- At all times, please wear smiles and patience! We are doing the best we can to keep our kids safe—and you should assume all other parents have only the best intentions in mind when they, too, are on our campus.
- **Stay 100% attentive – please- no cell phones while you are behind the wheel, especially on our campus;** little bodies can dart fast from one place to another, and they can be hard to see from the driver’s seat. And...remember those smiles!

Thank you for helping make our school a safe and positive atmosphere at all times!!

**TouchBase Family Communications**

Snohomish School District has a new way to pay online fees. Student food service accounts, athletic fees, fines and other fees may be paid online using your debit or credit card through our TouchBase link - [https://wa-snohomish.intouchreceipting.com/](https://wa-snohomish.intouchreceipting.com/)

Through TouchBase, we have combined our online food service portal with our middle and high school online payment system. Parents and guardians are able to make payments for all their students, attending multiple schools, through a single system. A link to the TouchBase site is available on every school website and the district website.

Please pay online to avoid wait times at your school bookkeeping or main office. The link is - [https://wa-snohomish.intouchreceipting.com/](https://wa-snohomish.intouchreceipting.com/). Payments made to a student’s food service account will be reflected within 12-24 hours. There is a $1.25 convenience fee per TouchBase transaction.
For parents with multiple students in the district, you are able to see all of your students with your one username and password. Once you’ve selected your student, the shopping experience will be specific to that student. **You must be signed with the parent’s or guardian’s Skyward/Family Access login in order to view all of the students in your household. If logged in as a student, you will only be able to see that individual student.**

**Family login**
- Username: Skyward Family Access Username
- Password: Skyward Family Access Password (Case Sensitive)

**Student login**
- User Name: (your child’s student number, including leading 0)
- Password: (student’s last name — with a capital first letter and any other letter that may be capitalized in the last name - example McDonald)

**Click on student’s name**
- This will give you options to pay the fines or shop for other items.
- You may also view the student’s purchase history through the TouchBase system.

**Meal Prices**
- Elementary Breakfast - $1.25
- Middle/High School Breakfast - $1.50
- Reduced Breakfast - Free
- Adult Breakfast (Grades K-12) - $2.00
- Elementary Lunch - $2.75
- Middle/High School Lunch - $3.00
- Reduced Lunch (Grades 4-12) - $0.40
- Reduced Lunch (Grades K-3) - Free
- Milk - $0.50
- Adult Lunch - $3.50

**Inclement Weather Information**

Snow, snow, snow... will be here before you know it. Below are some important resources to be familiar with and keep handy in the event of inclement weather. Please note that the district's inclement weather information is also available at [www.sno.wednet.edu/weather](http://www.sno.wednet.edu/weather) or on all school websites.

- **Click here for more information regarding our inclement weather procedures and communicating with families and staff.** Our site also includes important links to community resources such as Puget Sound Energy, Snohomish County PUD and Snohomish County road closures.
In the event of inclement weather and our schools are closed or are starting late, announcements will be made through the following systems:

- Automated phone calls and emails are sent to all district families through the School Messenger system (the system is automatically populated with the primary phone numbers and email addresses available in Skyward/Family Access).
- A notice is posted on the district Facebook page - www.facebook.com/snohomishschooldistrict
- A notice is placed on the district website at www.sno.wednet.edu
- Local television and radio stations are notified.
- Emails are sent through our listserv newsletter subscription system.
- A notice is sent to the statewide public emergency notification system - www.flashalertseattle.net

### Important Arrival and Dismissal Information

The front doors are unlocked at 8:25 am and students are welcome to enter the building at that time. **Adult supervision begins at 8:20 am.** Students that are walking to school or being dropped off by parents should arrive after 8:20 am. Exception: Children getting breakfast before school are welcome to enter the gym at 8:10 am.

When dropping your children off in the mornings- Please enter our visitor lot and drop your student(s) off along the load/unloading curb in the front of the school. **Please do not use the bus lane in the staff lot or special transportation lanes along the front side of the school.** Thank you for helping us keep the lines moving quickly and safely by pulling all the way up to the front of the drop off area, remaining in your car and having your child(ren) ready to unload from the passenger side of your vehicle. There is absolutely no parking along the curb. Likewise, in the afternoons, please pull forward and wait in your car. Once you have safely dropped off your student, please use the left lane to pass other cars and exit the lot. You are also welcome to park in our visitor lot and walk out front to greet your child(ren).

As always, thank you for your diligence in helping keep our kids safe by honoring the Washington State laws regarding **no cell phone use while operating a vehicle** – especially while on the school campus.

### Bus Riders:

If your child(ren) will be riding the bus for the majority of the year, we strongly encourage you to have them ride the **very first days of school.** While we understand that the first day
of school is exciting and you may be tempted to make it even more special by dropping them off at school, please have them ride the bus. These first few days are very important for the transportation department to solidify their headcounts, bus routes and give important safety information and bus expectations to all of the students in the beginning of the year. It is natural for younger or new students to be a little nervous the first day.

**A wonderful way to empower your student to take this important step of independence and be a part of this special day is to put them on the bus in the morning and then meet them at the school, celebrate their step of independence and see them off to their class.**

**Due to the number of students assigned to each bus and the limited amount of seating, please minimize asking for bus passes for your child to ride a bus different from the one they are assigned to.**

**If you need to request a permanent bus pass/change – the transportation request forms can be found on the Snohomish School District website or you can pick one up in our main school office.**

**Attendance:**

If your child will not be at school, please call our Attendance line at 360-563-7070 as soon as possible to excuse your child's absence.

*Please note that you may still receive an automatic attendance call or email if you notify the office after 9am.*

**Tardy Arrivals:**

Attendance is taken at 8:35 am when the bell rings. Students arriving after that will need to come through the office, be signed in by a parent and take a yellow admit slip to their teacher. The purpose of the admit slip is for the office to communicate to the teacher that the student has been signed in and the student's "absence" will be changed to a "tardy".

Thank you in advance for making every effort to get your children to school on time. In addition to modeling a life-long good habit of punctuality, arriving on time means that your student will not miss out on beginning of the day instructions or distract others' learning by entering late.

*Disconcerting fact: Students that regularly arrive 10 minutes late (or leave 10 minutes early) miss out on 30 hours of learning a year.*

**Early Dismissals:**

Consistent attendance is so important to your child's education, however, we understand that families have appointments and occasional events that sometimes conflict with the
school schedule. If you need to pick your student up before school lets out, please come into the office to sign your student out **before 3:00 pm Monday-Thursday or before 12:45 pm on Fridays.** We will not be calling students down during the last 15 minutes of school (the last 30 minutes on Fridays).

*Thank you for doing what you can to schedule appointments and extra-curricular activities around the school schedule! By prioritizing school, it emphasizes to kids how valuable education is.*

**Please note that a "tardy" exceeding 30 minutes or an early release more than 30 minutes before dismissal counts as a half day absence in Skyward. Two half-day absences count as 1 full absence in your student's record.**

### Parent Notes Information

**Note Writing:**

Written notes to excuse your child's absence, request a parent pick-up pass, or inform the school of any other situations regarding your children's needs (including a change to your child’s end-of-the-day transportation home routine) are seen by the teacher then turned in to the office for appropriate follow up actions.

*In order to accurately and quickly assimilate parent communications, Mrs. Byers would so appreciate notes of any kind to include the following information.*

**All Notes Need to Include:**

- Your child's first and last name
- Teacher's name
- The date the note is regarding
- The action needed (excuse an absence; parent pick-up today, going home with a friend)

*If a Pick-up pass is needed, please also include:

- First and last name of adult picking your child up (if other than parent)

**If requesting a pass for your child to ride a different bus than normal, please include:**

- The bus route number
- The first and last name of the student your child is riding with
- The address of the stop your student is getting off at
Thank you so much! We are excited to share a fabulous year with you!

Parking Lot and Campus Safety

We live in a world of technology - no doubt! But, when you are operating a vehicle on school grounds we ask that your full attention be on driving - not on your smart phone.

We have had several incidents of unawareness while driving that have caused some near-misses, rolling into crosswalks while children are crossing and caused delays in the parent pick-up lines while folks are on their phones. Thank you for being diligent in prioritizing and modeling safety to and for our students!

Special Transportation Bus Lane

Please be aware that the car lane that runs in front of the school (parallel with Park Avenue) is for our Special Transportation busses. Many of the students riding these busses require assistance to load on and off the bus. Please do not park, drop off or pick up your students in that bus lane. Please use the parent pick-up and drop-off lane in front of the school. Thank you so much for your understanding and cooperation!

A Friendly Reminder from the Main Office~

When making appointments for your children, it would be ideal if you would schedule them with the intent that they miss as little school as possible. If you still need to pick them up during the school day, please send a note with your student letting us know what time you will arrive. This minimizes searching for them during recesses or lunchtime.

**Please note that the last 15 minutes of each day** is a time dedicated to the dismissal process. We ask that you do not come in to excuse your student for an early release during this time (Emergencies being an exception, of course).

Any calls made to the office to alter your child’s transportation home must be made before this time in order to ensure the pass can be made and delivered to your student.
Dogs on Campus

Please read the attached district policy regarding animals in schools and buildings. Cascade View does not allow dogs on campus. Animals are only allowed inside District schools and buildings or on District property as defined below:

- Service and/or therapy dogs. Service and/or therapy dogs must have current vaccinations, be trained and registered, and kept on leashes or
- Any animals used as part of an instructional program.

Free Swim Lesson Session for District 2nd Graders

Swim for Life is offering every 2nd grader enrolled in the Snohomish School District a free session of group swim lessons at the Snohomish Aquatic Center for the 2018-2019 school year. (Note: Sessions are typically 4 or 5 weeks long, and classes are offered once or twice a week.) This community program is being funded through generous donations raised through Swim for Life. To learn how to register and other program information, visit www.sno.wednet.edu/2ndgradeswim. Swim for Life is a nonprofit organization formed by local community members who have a passion for enriching the lives of young people in our community. Its mission is to make young people safer in the water.

Cascade View Health Room is in need of Sweat Pants. If you have any clean sweat pants, in good condition, that your child no longer wears, we would love to put them to good use for our students who may need a change of clothes at school. Thank you so much for your generosity!!!
Lauri Walker, Health Room Assistant 360-563-7006
How to Become a Volunteer

Snohomish is known for coming together to support education and our students, and our strength comes from the people who work and volunteer in our schools and across our district. Volunteers have many opportunities to work with children and schools by assisting on the playground, in the classroom or library, as well as tutoring, chaperoning field trips, serving on committees or assisting with school projects and newsletters. An hour of time can make a valuable difference.

All volunteer applications and records are now maintained at the district office.
Approved volunteer applications are valid for two calendar years from date of approval. The district office is maintaining a single database of applications on file (included is date of application and expiration date). Currently, more than 4,000 people are registered as active volunteers in our district. If you are a new volunteer to your child’s school or the district, more information and applications are located at www.sno.wednet.edu/volunteers. Information is also located on every school website under the Community tab of the sites.

Cascade View “ListServ” Sign-Up Directions

The Snohomish School District uses a Listserv application to send electronic newsletters. If you would like to receive district and school newsletters, please subscribe to our Listserv (SSD-Communications) by:

1. You may subscribe, unsubscribe, edit your subscription preferences or view the archives of messages that have been sent to this list, by visiting: http://listserv.wa.gov/cgi-bin/wa?A0=SSD-COMMUNICATIONS
2. On the right hand side of the page, you will see the Options box. Select “Subscribe or Unsubscribe”.
3. Fill in your name and e-mail address.
4. Topics – click on Cascade View and any other topics of interest to you.
5. At the bottom of click Subscribe SSD – Communications or Unsubscribe SSD-Communications.
6. You will immediately receive an e-mail from Listserv asking you to confirm. This confirmation opportunity will expire in 48 hours. Click on the link given in the e-mail to confirm. You will then get an e-mail stating that your subscription has been accepted. Congratulations! You will now receive correspondence (newsletters, general info, etc.) from the sources you have chosen.

Fliers: Link to approved community fliers: http://cascadeview.sno.wednet.edu/Domain/425. Feel free to email fliers@sno.wednet.edu with any questions or concerns.