

2018-2019

7th GRADE ELECTIVE COURSE DESCRIPTIONS

EXPLORATORY ELECTIVES

ART (One Term/Quarter)

3-D ART

In this visual art class, students will create projects by applying different sculptural techniques: forming with clay, cardboard / recyclable objects, and paper engineering. Relief and hanging sculptures will be explored. All artwork and assessments are aligned with the new Washington Arts Learning Standards **Art materials fee \$7.50**

EXPLORING VISUAL ART

In this visual art class, students will have the opportunity to explore a variety of media such as, watercolor, acrylic paint, printmaking, colored pencil techniques, and other 2-dimensional techniques. Students will be introduced to applying the Elements of Art in their work. All artwork and assessments are aligned with the new Washington Arts Learning Standards. **Art materials fee \$7.50**

FAMILY CONSUMER SCIENCE I (One Term/Quarter)

In this class students will have hands-on experiences in each of the following areas: cooking and nutrition, interior design, fashion and child development. Students will learn confidence in the kitchen, design a dream house, create a fashion show and learn safety skills and techniques for childcare.

TEEN LEADERSHIP (TLC) (One Term/Quarter)

Teen Leadership is a program that will help you develop public speaking skills and overcome shyness in public situations. You will learn to write and give speeches, participate in role-plays and activities that help you develop leadership, interpersonal and business skills. You will also learn how to make a good first impression and develop skills to leave a positive lasting impression. TLC is also involved in doing community service projects at Valley View Middle School and the community at large.

INDUSTRIAL SCIENCE (SHOP) (One Term/Quarter)

In this class, students will explore the use of technology in creating several projects as well as examine career paths available in Career and Technical Education (CTE) programs. All projects will include the elements of design, build and evaluation. Use of computers will be incorporated whenever possible. Projects may include: Hovercrafts, mousetrap race cars and gravity race cars. **Lab materials fee \$8.00**

COMPUTER APPLICATIONS (One Term/Quarter)

Students will be using several keyboarding programs and strategies. The goal will be to develop touch typing skills that will enable students to save time when writing longer assignments in their core classes. This class will also allow students to gain confidence using the tools in Microsoft Office by exploring functions available in Word, Publisher and PowerPoint.

FITNESS ELECTIVES (One Term/Quarter)

Fitness elective classes are provided as electives and cannot be taken in lieu of the semester-long, required Fitness/Health class.

TEAM SPORTS

This elective will help students learn and develop skills, strategy and key concepts for a variety of team sports. Activities may include flag football, volleyball, lacrosse, and soccer. Skills and strategies will be integrated into a sports tournament.

RACQUET SPORTS

This class is designed to help students learn and develop skills, strategy and key concepts for a variety of racquet sports. Activities may include tennis, badminton and pickle ball.

MUSIC ELECTIVES

CADET BAND (Full Year)

Cadet Band consists of students with at least one year of band experience in elementary school. Students continue to learn basic instrumental technique, rehearsal technique and concert etiquette. We strive to develop young musicians who wish to make music a part of their everyday lives. Some evening performances are required.

CADET CHOIR (Full Year)

This is a 1st year performance group. In Cadet Choir, students will learn the fundamental elements of vocal technique, choral performance, ear training and music reading. Field trips and some evening performances will be required.