



# SENIOR YEAR 101

Glacier Peak Counselors

# SENIOR 101 AGENDA



Glacier Peak Counseling Team



What your counselor can do for you



Senior Activities



Senior Checklist

# GLACIER PEAK COUNSELING TEAM



Tammy Amador  
(A-Cop)



Amanda Hansen  
(Cor-Hal)



Bri Weimar  
(Ham-McB)



Loren Childers  
(McC-R)



Danielle McHugh  
(S-Z)

Cindy Kuehn  
Counseling Secretary



Kari Winckler  
College and Career Specialist



# WHAT CAN YOUR SCHOOL COUNSELOR DO FOR YOU?



SOCIAL EMOTIONAL  
SERVICES



COLLEGE & CAREER  
GUIDANCE



ACADEMIC  
SUPPORT

# SENIOR ACTIVITIES

## SENIOR ACTIVITIES 2019-2020

9/5	Senior Sunrise	4/1	Conferences 4:00 pm to 7:00 pm
9/24	Class Meeting	4/2	Conferences 7:15 am to 12:00 pm and 2:00 pm to 5:30
10/1	Baby Ads Due to the Bookkeeper	4/6-4/10	Spring Break
10/1	Senior Pictures Due to Yearbook; email to <a href="mailto:annie.green@sno.wednet.edu">annie.green@sno.wednet.edu</a>	4/14	Senior cap, gown, and announcement delivery at lunch
10/10	Senior Parent Night	4/22	Dads and Dessert
10/14-10/18	Homecoming Week	5/4-5/15	AP Testing Window
10/19	Homecoming Dance	5/8	Senior Mother Tea
10/23	Conferences 4:00 pm to 7:00 pm	5/23	Senior Prom at <a href="#">MoPop</a>
10/24	Conferences 7:15 am to 12:00 pm and 2:00 pm to 5:30	5/21	Senior Class Photo
11/5	Class Meeting with Jostens	TBD	Senior Community Service Due
11/27	Club Photos	5/28	Senior Awards Night
11/27	Early Dismissal/Thanksgiving Break	5/29	Yearbook Distribution
12/5	Lip-Sync Battle	6/2	Senior vs. Staff Basketball Game
12/20	Early Dismissal/Winter Break	6/3	Senior Checkout

# SENIOR YEAR CHECKLIST

## 12TH GRADE TIMELINE

### OCTOBER

- Prepare to apply for the FAFSA/WAFSA
- Request letters of recommendation
- Start your college essay
- Sign up to retake the ACT/SAT if needed
- Explore community service opportunities
- Explore post-secondary options
- Prepare to apply for colleges

### NOVEMBER

- Determine what steps you need to complete for your college applications
- Request copies of your transcripts (officials from the registrar or career center)
- Add your counselor as a recommender on the Coalition or Common App
- Make sure testing companies (ACT/SAT) sent your scores directly to the college
- Schedule your college visits and preview

### DECEMBER /JANUARY

- Research and apply for scholarships (see the scholarship handout)
- Choose your community service hours

### FEBRUARY/MARCH

- Understand your financial award letter and determine your next steps
- Request your mid-year transcripts for colleges
- Turn in your local scholarship notebook (due in February)
- Apply for community college or technical school
- Apply for summer internships or apprenticeships. Now that you've received your admission letters, determine which college is the best choice for you

### APRIL

- Make sure you've completed everything you



# OCTOBER



Explore post secondary options



Sign up to retake the ACT/SAT if needed



Prepare to apply to colleges



Start your college essay

OCTOBER:  
FAFSA/WASFA





# OCTOBER: EXPLORE COMMUNITY SERVICE OPPORTUNITIES



## GPHS SENIOR COMMUNITY SERVICE VERIFICATION FORM



This form is required for all students.  
Submit to Mr. May (room 201) by May 29<sup>th</sup>  
For more information, visit [www.sno.wednet.edu/domain/1060](http://www.sno.wednet.edu/domain/1060)

### Section 1: Student and parent complete the following prior to going to the organization:

Student Name: \_\_\_\_\_

**Parental Consent:** I believe this project is an appropriate activity for my son/daughter to complete in fulfilling community service graduation requirement. I understand and agree that my son/daughter will participate un the supervision and direction of the organization/individual named below, and not by an individual working a employee or staff member of Glacier Peak High School. Glacier Peak High School and the Snohomish School C are not liable for injuries sustained while performing community service.

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Organization: \_\_\_\_\_

Address of Organization: \_\_\_\_\_

Is the organization: a) listed on our pre-approved list, b) posted on our website/bulletin, or c) a non-profit 50  
\_\_\_\_ Yes \_\_\_\_ No (if none of the above, you must complete a permission form prior to doing the service)

### Section 2: To be completed by the organization supervisor:

Name of Organization Supervisor: \_\_\_\_\_ Job Title: \_\_\_\_\_

Organization Supervisor Signature: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Dates and times of community service hours: \_\_\_\_\_

Number of Hours Verified by Organization Supervisor: \_\_\_\_\_

Graduation Requirement: 8 Hours of Community Service

Community Service Contact: Mr. May

Community Service information: Under "Student" Tab on  
Glacier Peak Website

# OCTOBER: REQUEST LETTER OF RECOMMENDATION

Do you need one? How many?

Request your letter early

Ask someone who knows you well

Have a request for letter of recommendation form ready

Thank your letter writer!

**Glacier Peak High School  
Request for Letter of Recommendation Form**

- To help your counselor or teacher write an engaging, honest and personal letter, please answer all questions as completely as you can. Include details, examples and descriptions as much as possible.
- Give the letter writer at least 2 weeks prior to the application due date to complete your letter
- Remember: Public Universities in Washington do not need letters of recommendations. Do not request a letter unless it is specifically part of your application.

**Student Name:**

**Student Email/Phone Number:**

**Date Requested:**

**Date needed:**

**What is the purpose of this letter (check all that apply)**    College  Scholarship  Job

**Student Responses (feel free to attach responses to a separate sheet of paper):**

Describe your college/career plans. What are your personal and professional goals?

List advanced courses which you have completed or in which you are currently enrolled (i.e., AP courses, Math, Physics, etc...)



NOVEMBER

NATIONAL COLLEGE FAIR

ASVAB

VISIT

APPLY



THE COMMON APPLICATION  
For Undergraduate College Admission

About Us | Member Colleges & Universities | Common Questions | Download Forms | Other Resources | Contact Us

The Common Application is a not-for-profit membership organization that, since its founding over 30 years ago, has been committed to providing reliable services that promote equity, access, and integrity in the college application process. We serve students, member institutions, and secondary schools by providing applications—online and in print—that students and school

THE COMMON APPLICATION  
For Undergraduate College Admission

NEWS | APPLY | FEATURED

01/29/2009

User Name:

WASHINGTON STATE UNIVERSITY

🔍 📧 🌐

🏠 Admissions Home



Transcripts, GPA, Class Rank

Essays/Letters of Rec

Early Action/Early Decision

Deadlines

Reach, Target, Safety Schools

SAT/ACT

COLLEGE APPLICATIONS



# SENDING SAT AND ACT TEST SCORES

- CREATE AN ACCOUNT
- SIGN IN
- CHOOSE YOUR BEST SCORE
- SEND TO EACH COLLEGE

The **ACT**<sup>®</sup>



---

**SAT**<sup>®</sup>


|



# SUBMIT

---





# DECEMBER/JANUARY SCHOLARSHIPS



Local Scholarship Notebook



[theWashBoard.org](http://theWashBoard.org)



Specific institution websites



GPHS College and Career Website



Scholarships specific to you



**APPLY FOR COMMUNITY COLLEGE  
& TECHNICAL SCHOOLS**



**APPLY FOR SUMMER INTERNSHIPS  
OR APPRENTICESHIPS**



**REQUEST MID-YEAR  
TRANSCRIPTS**

**FEBRUARY/MARCH**

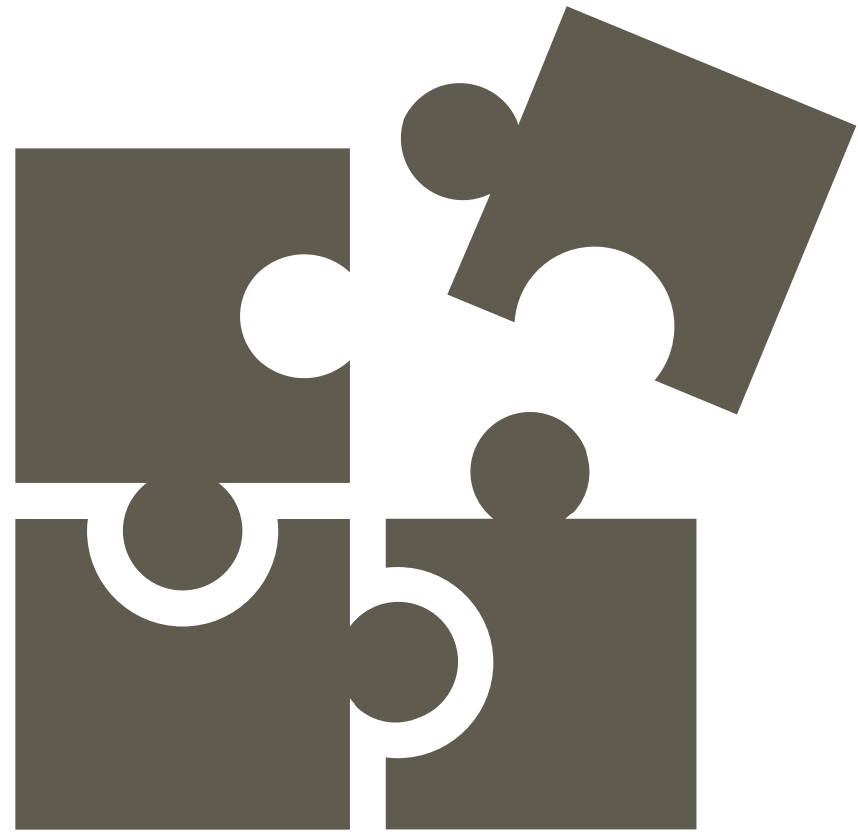




FEBRUARY/MARCH

WHAT SCHOOL IS THE  
BEST FIT FOR ME?

---





## FEBRUARY-APRIL

---

What are my next steps  
after I've chosen a  
school?



# MAY

Submit

Submit your community service hours

Complete

Complete your senior exit survey

Request

Request transcripts for Running Start or College in the High School (EVCC)

Test

Take your AP tests

**JUNE 19TH**

---

**Final Transcripts**

