

Recreation Pool Schedule

As of October 11, 2021

Session drop-in rates, three-month passes and annual passes are only valid for open rec, water walking, and river walk/jog (those items on schedule in bold). There are separate fees for swim lessons and water fitness classes (items on the schedule not in bold).

Please visit us at www.snohomishaquatic.com for a complete list of fees, program descriptions, rules and other important facility information.

RP = Recreation Pool **FR = FlowRider®** **CP= Competition Pool**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30 – 7:30 a.m.		Water Walking (RP)		Water Walking (RP)	
		River Walk/Jog (RP)		River Walk/Jog (RP)	
5:30 – 9 a.m.	Water Walking (RP)	River Walk/Jog (RP)	Water Walking (RP)	River Walk/Jog (RP)	Water Walking (RP)
	River Walk/Jog (RP)		River Walk/Jog (RP)		River Walk/Jog (RP)
7:30 -- 8:30 a.m.		Aqua Dance Fusion (RP)		Aqua Dance Fusion (RP)	
9 – 10 a.m.	Shallow Fit (RP)	Shallow Fit (RP)	Shallow Fit (RP)	Shallow Fit (RP)	Shallow Fit (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)
10 a.m. – 11a.m.	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)
	Water Walking (RP)	Water Walking (RP)	Water Walking (RP)	Water Walking (RP)	Water Walking (RP)
10 a.m. – 1 p.m.	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)
		Water Walking (RP)		Water Walking (RP)	Water Walking (RP)
11 a.m. -- 12 p.m.	Senior Fit (RP)	Water Walking (RP)	Senior Fit (RP)	Water Walking (RP)	River Walk/Jog (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	River Walk/Jog (RP)	Water Walking (RP)
1 p.m. -- 2:30 p.m.	River Walk/Jog (RP)	Homeschool Lessons (RP)	River Walk/Jog (RP)	Homeschool Lessons (RP)	River Walk/Jog (RP)
	Water Walking (RP)		Water Walking (RP)		Water Walking (RP)
3 -- 6 p.m.					Private Swim Lessons (RP)
					River Walk/Jog (RP)
3 – 7 p.m.	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Private Swim Lessons (RP)	Recreation Pool Closed
	Swimming Lessons (RP)	Swimming Lessons (RP)	Swimming Lessons (RP)	Swimming Lessons (RP)	
7 – 8 p.m.	HIIT!	Private Swim Lessons (RP)	HIIT!	Private Swim Lessons (RP)	
	River Walk/Jog (RP)	Swimming Lessons (RP)	River Walk/Jog (RP)	Swimming Lessons (RP)	
8 -- 9 p.m.	Recreation Pool Closed	Swimming Lessons (RP)	Recreation Pool Closed	Swimming Lessons (RP)	

TIME	SATURDAY	SUNDAY
7 – 7:45 a.m.	Water Walking (RP)	Water Walking (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)
7:45 – 8:45 a.m.	HIIT! (RP)	Water Walking (RP)
	River Walk/Jog (RP)	River Walk/Jog (RP)
9 a.m. – 12 p.m.	Private Lessons (RP)	Private Lessons (RP)
	Swimming Lessons (RP)	River Walk/Jog (RP)
Noon – 1:45 p.m.	Recreation Pool Closed	Open Rec Swim (RP)
2 – 3:45 p.m.		Open Rec Swim (RP)
4 – 5:45 p.m.		Open Rec Swim (RP)
		Open Rec Swim (RP)

Our recreation pool is 84-86 degrees Fahrenheit with five zones for play and fitness.

Beat the line, register online! Visit our website to pre-register and guarantee your spot in our open rec sessions!

WATER WALKING

Our basketball hoop area will be available during these times for fitness minded walking.

RIVER WALK/JOG

Come enjoy fitness minded in the walking in our gradually moving Lazy River! Go with our against the current at your leisure!

LIFE JACKETS, FLOTATION DEVICES AND EXERCISE EQUIPMENT

Swim caps and goggles are allowed. The Snohomish Aquatic Center does have some lifejackets that are available free of charge. Tubes and other aquatic toys are also provided free for our guests to use while at the facility. Please do not bring noodles, swimmies, water wings, toys or any other flotation devices from home, as they will not be allowed in the pool.

POOLSIDE LIFT

We have a portable, poolside lift to assist guests needing help getting into or out of the pool. It has a 450-pound lift capacity. Guests needing assistance should contact a lifeguard. Guests must provide an assistant or be able to transfer themselves onto the seat of the lift.

POOL RULES

Safety is our top priority. Guests 6 and under must be accompanied into the pool by a supervising guest (14+) at all times. Guests 6 and under must be within arm's reach of the supervising guest. Guests 11 and under must be supervised by a guest (14+) in the building at all times. One adult may monitor no more than three children (ages 6 and under) in the water. Guests may be subject to a swim assessment to determine swim ability. Swim assessment consists of stroke proficiency and ability to be in the water without assistance. Youth guests who want to lap swim or use the diving boards will be tested for competency prior to being allowed in the competition pool.

The Snohomish School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination: Civil Rights Coordinator, Title IX Coordinator and ADA – Darryl Pernat, 1601 Avenue D, Snohomish, WA 98290, 360-563-7285, darryl.pernat@sno.wednet.edu; Section 504 Coordinator and Harassment, Intimidation and Bullying – Shawn Stevenson, 1601 Avenue D, Snohomish, WA 98290, 360-563-7282, shawn.stevenson@sno.wednet.edu.