

~Mountaineer Message~

Seattle Hill Elementary Newsletter

November 29, 2018



Upcoming Events

December

1st

PTO Craft & Vendor Fair
10:00a.m.-4:00p.m. in
Gym

6th

4th/5th Grade Concert-
6:30p.m. at GPHS

12th

PTO Gingerbread Night-
5:30p.m.

14th

Sing-A-Long
Early Release-11:45a.m.

17th-31st

Winter Break-No School

January

2nd

Back to School!

22nd

PTO General Meeting-
6:45p.m. in Library

25th

PTO Family Movie Night-
6:00p.m. in Gym



Dear Seattle Hill Families;

We hope you enjoyed the break last week. We are finishing up November and will celebrate with a Be More Awesome awards assembly for Gratitude. At Seattle Hill we are thankful for our partnership with our families and community! Without you we would not be able to reach our goal of being the Best School in the Universe! We are thankful for our hard working students who come to school every day with a positive attitude and contribute to our school's motto of Being More Awesome!

As we close out November we look forward to a number of events taking place before Winter Break. Our next event is on Saturday, December 1, 2018 with PTO's Craft and Vendor Fair from 10:00a.m.-4:00p.m. in our gym. Stop by for a variety of items from treats, décor, jewelry, and more!

We also are looking forward to our next music concert performed by our 4th and 5th grade students on Thursday, December 6, 2018. The students and Mrs. Stephenson have been working hard on holiday songs for the event.

And the last event to highlight is PTO's Gingerbread Night on Wednesday, December 12, 2018 at 5:30p.m. This is a fun evening filled with treats and entertainment. There will be a very limited amount of extra kits available to purchase at the door on a first come first served basis.

Sincerely;

Ryan Painter
Assistant Principal

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PTO Craft and Vendor Fair



Saturday, December 1, 2018 10:00 a.m.–4:00 p.m. • Seattle Hill Gym
DON'T MISS IT!! Come shop local vendors for Treats, Home Décor, Jewelry
and More!!

THIS IS A PTO SPONSORED ACTIVITY

Bus Pass Restrictions

We have 2 buses that are full this year and unable to accept bus passes. **Route numbers 342 and 386 are unable to accept any bus passes** for students to ride home with friends this year. If your child wants to go home with a student on either of these buses, other pick up arrangements will need to be made.

We apologize for any inconvenience!

A Joyous and Peaceful Musical Revue For the Holidays

4th & 5th grade Concert

Date: Thursday, December 6, 2018

Time and Location: 2:30p.m. Assembly at Seattle Hill

6:30p.m. at Glacier Peak High School

Students should arrive by 6:15p.m. and remain with
parents until dismissed to the stage.



Concert Attire: Any Colorful Holiday Clothes

Community fliers link: www.sno.wednet.edu/fliers

Contact Us:

Seattle Hill Elementary
12711 51st Ave SE
Everett, WA 98208

360-563-4675 Office

360-563-4683 Attendance

Visit us on the web at:
www.sno.wednet.edu/Domain/20



Seattle Hill School Day

Monday-Thursday

8:25 A.M-3:15 P.M

Friday

8:25 A.M-1:15 P.M

**Student supervision and school
breakfast begin at 8:10 A.M.
For safety reasons students should
not arrive at school prior to 8:10 A.M.**

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Human Growth and Development

Human Growth and Development will be taught each year during 5th and 6th grade. Topics include puberty, reproductive system and HIV/AIDS.

Families are invited to attend one of two identical presentations to learn about the health standards, activities and resources that will be used to teach each of the topics, and the opt-out process. Please see details below.

- 6:00p.m.-7:00 p.m. on Tuesday, December 11, 2018 at the Resource and Service Center (1601 Avenue D in Snohomish)
- 6:00p.m.-7:00p.m. on Thursday, December 13, 2018 at the Resource and Service Center (1601 Avenue D in Snohomish)

Those who are unable to attend the district presentations may review the lessons posted by visiting the district website at <https://www.sno.wednet.edu/>. Due to copyright restrictions, we are required to post the links to the entire lessons as they were developed by F.L.A.S.H. Please know that some components of the lessons (example: homework-related activities for integrated learning and family homework) will not be taught.

The lessons and resources are also available for review from 8 a.m.-3 p.m. (or by appointment) at Teaching and Learning Services at the district office. A video that will be used for the lessons is available for viewing at the district presentation and at Teaching and Learning. Due to copyright restrictions, we are unable to upload the video to our website.



AUCTION COMMITTEE MEETING

**TODAY! THURSDAY NOVEMBER 29, 2018
SEATTLE HILL STARBUCKS
7PM-8:30PM
WE WILL BE DISCUSSING
PROCUREMENT, DECORATIONS,
AUCTION NIGHT DUTIES AND MORE!**

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Notes from the Nurse

Is your school age child getting enough sleep? The CDC recommends School Age 6 -12 years to sleep 9-12 hours per day. Did you know a good night's sleep and healthy sleep habits improves learning? Studies show that sleep helps problem-solving skills, to pay better attention, improve decision making and enhances creativity. A lack of sleep alters activity in parts of the brain and sleep deficiency may lead to trouble with controlling emotions, coping with change or feeling irritable. We need sleep for our physical health as well. Sleep is involved with healing and repair of our body, growth and development and our immune system depends on sleep to stay healthy. Plan an evening routine, turn off devices with blue light, and snuggle into a good night's sleep.

Resources:

https://www.cdc.gov/sleep/about_sleep/how_much_sleep.html

<https://www.nhlbi.nih.gov/health-topics/sleep-deprivation-and-deficiency>

Health Room Request for easy wear clothing. If families would like to donate sweat pants, leggings, or socks, please bring to Ms. Padilla for our health room. We are working on stocking the health room with various sizes of sweat pants / leggings and socks so our students may easily and quickly change if too wet from outdoor play.

Please feel free to contact Ms. Padilla in the health room or Nurse Dee if you have any questions or concerns about your child's health management at Seattle Hill Elementary.

Thank you,

Loretta Padilla, Health Room Assistant, 360-563-4679

Nurse Dee, 360-563-4728



Birthday Party Invitations

Just a reminder of our school policy regarding Birthday party invitations:

Birthday invitations may only be passed out at school if there is an invitation for every student in the class. If only select students are receiving invitations, teachers are not able to hand them out on a family's behalf. Other arrangements would need to be made to distribute them outside of school.

Thank you for your understanding and cooperation!!

LOST and FOUND

Please be sure to check our ever growing Lost and Found!! We have quite the collection of items again and anything that is left after school on Friday, December 14, 2018 will be donated. If you have not already, please be sure to write your student's name in any coats and lunchboxes so we can be sure to get them returned.

Thank you!!