

~Mountaineer Message~

Seattle Hill Elementary Newsletter

January 10, 2019



Upcoming Events

January

19th

SHE Night -EvCC
Basketball

21st

No School-MLK Jr. Day

22nd

PTO General Meeting-
6:45p.m. in Library

25th

PTO Family Movie Night-
6:00p.m. in Gym

28th

No School-Teacher Work
Day/Non-Student Day

February

2nd

SHE Night at Silvertips
7:05p.m. vs. Seattle

9th

Goodwill-Fill the Truck
9:00a.m. to 12:00p.m.
SHE Parking Lot

Dear Seattle Hill Families:

I hope you had a relaxing and rewarding holiday break. My family and I enjoyed a wonderful trip to San Antonio to watch the Cougars in the Alamo Bowl and take in a little US history in the process. It's always more fun when your team is victorious, right? :)

Speaking of US History, our classrooms will be highlighting the contributions of Martin Luther King Jr. this month (no school 1/21) and learning about other famous African Americans during Black History Month in February. Having said that, at our school, we strive to recognize and celebrate cultural diversity and the contributions of famous Americans all throughout the year. As a staff we are learning about students who experience any of the various forms of trauma and how to help those students reach their academic and social/emotional potential here at school. Our school psychologist, Dr. Laurie Harrison, is presenting a series of after school learning opportunities related to this very important topic and we are learning a great deal.

We have two exciting events coming in the near future. Saturday, February 2, 2019 is our annual Seattle Hill Night at the Everett Silvertips. If you are new to our school or if you have never been to a hockey game, I encourage you to consider attending this fun-filled event. The game starts at 7:05 PM at the Event Center on Hewitt Ave and is against our arch rivals, the Seattle Thunderbirds. Tickets are discounted to \$10 each and can be purchased through the school office.

Our other event is our annual Applebee's breakfast where the Seattle Hill staff greet and serve our families and friends. This event will be Sunday, February 24, 2019 from 9:00a.m.– 11:00a.m. at the Applebee's by Safeway. Tickets for this event are \$10 per plate and a plate includes eggs, bacon, pancakes and juice/coffee. This is a school fundraiser as we are able to keep 50% of all ticket sales. Tickets will be available to purchase through the office and proceeds from this event will be used toward the purchase and installation of a new activity on our playground called Nine Squares In The Air.

Warmly,

Paula Nelson



~Mountaineer Message~

A Note from the Nurse: Keep Flu Out of School

Happy New Year!

Influenza, also called the flu, is a contagious viral infection of the nose and throat. Flu is easily spread through coughing and sneezing. It can make chronic medical conditions, like asthma, worse. Flu is not the same as the 'stomach flu'. The flu is a serious disease that is much more dangerous than the common cold. Every year in the United States an average of 100 children die from flu, many of whom were otherwise healthy (CDC, 2017b; Flannery et al., 2017).



This disease usually peaks in Washington between January and March and flu activity is currently on the rise in our area. Please be reminded of our protocol to keep your child home 24 hours after having a fever of 100+ degrees. This means 24 hours without fever-reducing medications like Advil or Tylenol. Hand washing is the best preventive measure as well as cough etiquette and getting a flu vaccine annually. Children ages 6 months through 18 years can receive a seasonal flu vaccine at no cost through the Vaccines for Children (VCF) program.

You can educate yourself about the differences between flu and colds, remedies, success stories and more at www.preventchildhoodinfluenza.org/school, or at many other on-line sites. The Washington State Department of Health has weekly updates regarding the flu at: www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Flu

Reporting an Absence

We monitor illnesses if our absences begin to increase. Please include any specific symptoms, such as a fever, vomiting, headache or a diagnosis when you call in your child's absence. When absenteeism due to unexpected illness is over 10% of the student population we notify the Snohomish Health District, Communicable Disease Surveillance & Response.

Community fliers link: www.sno.wednet.edu/fliers

Contact Us:

Seattle Hill Elementary
12711 51st Ave SE
Everett, WA 98208

360-563-4675 Office

360-563-4683 Attendance

Visit us on the web at:
www.sno.wednet.edu/Domain/20



Seattle Hill School Day

Monday-Thursday
8:25 A.M.-3:15 P.M.
Friday
8:25 A.M.-1:15 P.M.

**Student supervision and school
breakfast begin at 8:10 A.M.
For safety reasons students should
not arrive at school prior to 8:10 A.M.**

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Birthday Party Invitations

Just a reminder of our school policy regarding Birthday party invitations:

Birthday invitations may only be passed out at school if there is an invitation for every student in the class. If only select students are receiving invitations, teachers are not able to hand them out on a family's behalf. Other arrangements would need to be made to distribute them outside of school.

Thank you for your understanding and cooperation!!

SHE Night at Everett Community College

Saturday, January 19, 2019

Come cheer on the Everett Community College Basketball Teams! SHE staff and students get in to the games for free and parents are just \$5

Women's Team plays at 2:00p.m.

Everett Fire Department vs. Everett Police Department Charity Game at 4:30p.m.

Men's Team plays at 6:00p.m.

PTO Family Movie Night

When: Friday, January 25, 2019 at 6:00p.m.

Where: Seattle Hill Gym

Come in your PJ's, bring your blanket and cozy up with friends to watch "Smallfoot"

Concessions will be available for purchase

This is a family event, no drop offs. No supervision will be available.



Absences

In order to be certain that our children arrive at school safely, the school will attempt to contact the parent/guardian of **every** absent student. You can assist our efforts by **calling the attendance line prior to 9:00 AM if your child is going to be absent**. The number for our attendance line is 360-563-4683. This is a message line only. Students who have had a fever should be fever free for twenty-four hours before returning to school. **Again, please call the Seattle Hill office before 9:00 AM if your child will not be attending school**. Additionally, we ask that your child bring a written excuse upon returning to school or that you go online to Family Access within 72 hours in order to excuse the absence.

Although regular school attendance is extremely important, there are times when students should not attend school. Examples of such instances would be:

- *students with a fever or contagious illness
- *students who have vomited or had diarrhea in the last twenty-four hours
- *students with a rash who have not seen a doctor
- *students with obvious nose or eye drainage
- *students with a severe cough

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FAMILY NIGHT AT THE SILVERTIPS!

DATE: Saturday, February 2, 2019 at 7:05p.m. against Seattle

TIME: 7:05p.m. at Angel of The Winds Arena (Everett Events Center)

COST: \$10.00 Per Person

We have 150 seats reserved and our seats always sell out, so get your tickets early.

Ticket orders must be received

NO LATER THAN FRIDAY, JANUARY 25, 2019.

Parents must accompany students.
There is no teacher supervision.



MARK YOUR CALENDARS FOR...

PTO's Goodwill Fill the Truck Event!

Start cleaning out your closets and bag up your donations!

A truck will be available on Saturday, February 9, 2019 from
9:00a.m. to 12:00p.m.

More information (items accepted, how to separate donations, etc.) will come out closer to the event

Goodwill[®]
Because jobs change lives

Join us from 6:30p.m.-8:00p.m. on Wednesday, January 30, 2019 for a community meeting hosted by the district's Citizens Facility Advisory Committee (CFAC) to share information and seek input. The meeting will be held at the district's Resource and Service Center (1601 Avenue D in Snohomish).

The meeting will include information on the state of facilities, enrollment capacities, enrollment projections, and facility standards. The meeting will also provide the CFAC draft priorities and will solicit input from attendees.

Learn more about CFAC and the January 30, 2019 community meeting by visiting www.sno.wednet.edu/cfac.