



**March 2019**

**Valley View Viking News**

*Mission Statement*

*Valley View Middle School places the success of its students at the very center of every decision and action.*



**INSIDE THIS ISSUE:**

- Spring Conference Schedule
- Parent Club Information
- Choir Room News
- Season 4 Sports Information

**Office Staff**

- Monica Bauer, Principal
- Brenda Weyhrauch, Vice Principal
- Brian Burdon, Vice Principal
- Julie Ray, Counselor (A– K) 563-4243
- Brian Johnson, Counselor (L-Z) 563-4242
- Mrs. McFarland, Attendance 563-4227
- Mrs. Walker, Athletics, Main Office 563-4225
- Mrs. Dalrymple, Bookkeeper 563-4240
- Mrs. Galusha, Registrar 563-4239
- Mrs. Waldron, Health Room Nurse 563-4237

***“Don’t dream up thousands of reasons why you can’t do what you want to; find one reason why you can.”***

**TODAY’S DIGITAL WORLD**

Today we could all use a little help in the area of trying to stay on top of what our child(ren) are spending so much time viewing and how they are communicating with peers. Below are links to some of the social media sites and resources.

**13 Online Challenges Your Kid Already Knows About:** From the Momo Challenge to the Mannequin Challenge, internet stunts can be funny -- or completely frightening -- for kids. By [Christine Elgersma](#) 2/27/2019

<https://www.common sense media.org/blog/viral-youtube-challenges-internet-stunts-popular-with-kids>

**Parents' Ultimate Guide to Parental Controls:** Do you need parental controls? What are the options? Do they really work? Here's everything you need to know about the wide array of parental control solutions, from OS settings to monitoring apps to network hardware. By [Caroline Knorr](#) 2/27/2019

<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>

**How Girls Are Seeking (and Subverting) Approval Online:** From selfies to shout-outs, girls are using social media both to build up and break down their self-image. By [Caroline Knorr](#) 1/31/2019

<https://www.common sense media.org/blog/how-girls-are-seeking-and-subverting-approval-online>

**What Parents Need to Know About Social Media and Anxiety:** Learn to recognize the warning signs of anxiety disorder and help your kid keep social media use healthy and productive. By [Caroline Knorr](#) 4/30/2018

<https://www.common sense media.org/blog/what-parents-need-to-know-about-social-media-and-anxiety>

**6 takeaways about how parents monitor their teen’s digital activities**

By Monica Anderson

<http://www.pewresearch.org/fact-tank/2016/01/07/parents-teens-digital-monitoring/>

**Teens, Social Media & Technology 2018:** *YouTube, Instagram and Snapchat are the most popular online platforms among teens. Fully 95% of teens have access to a smartphone, and 45% say they are online 'almost constantly'*

BY [MONICA ANDERSON](#) AND [JINGJING JIANG](#)

<http://www.pewinternet.org/2018/05/31/teens-social-media-technology-2018/>

**Community fliers link: [www.sno.wednet.edu/fliers](http://www.sno.wednet.edu/fliers)**

# March 2019

## Dates to Remember

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**March 8-Mid Term 3**

**March 21-7th grade Orientation  
6:30 pm**

**March 25-Parent Club Meeting  
@ 7:00 pm 2nd floor B area**

**March 27-Students of Color  
Conference EVCC**

**March 27 and 28- Conferences**

**March 28 and 29-**

**Non-Student Days/no school**

## Spring Conferences

**Spring parent-teacher conferences will be held Wednesday,  
March 27 and Thursday, March 28 in the Valley View**

### **Commons.**

Our conference hours on March 27 are: 4:00-7:00 p.m. and on  
March 28 are: 7:15-11:30 a.m. and 2:00-5:30 p.m.

**Students will not attend school on Thursday, March 28 and  
Friday, March 29.**



There is no sign-up for conferences. you simply show up at your convenience during the above mentioned conference times. You will be able to meet with each of your child's teachers for about five minutes.

Most teachers will be passing out progress reports at conferences. Please call Brian Johnson at 563-4242 if we need to have a duplicate set of progress reports available for each parent.

There are a few teachers here at Valley View that are splitting their schedules between schools or may not be available for all shifts. Mrs. Laghaeian will be here on March 27 from 4-7 p.m. Mrs. Erickson will be here on March 27 from 4-5:30 p.m.

## Track Begins Monday, April 8

If you are interested, sign ups will be located on the table outside the main office March 11. Remember you must have your athletic packet in for the year. Athletic packets are now completed online, [click here](#) for the VV website. *An Athletic Fee of \$50.00 per sport (a max of \$100.00 per year) is due before the first meet. Athletic fees will be made to Mrs. Dalrymple, the bookkeeper. Please make checks payable to Valley View Middle School.*

QUESTIONS? Contact Mrs. Walker at 360-563-4225.

## Art Contest Winners for Glacier Peak Auction

We would like to thank and congratulate all who entered. There is an immense amount of artistic talent here at Valley View! The two winning submissions will be auctioned off to benefit Glacier Peak.

### Winners:

Zoe Tiffany (7th) "Goodnight Seattle"

Gabrielle Dellinger (7th) "Dancing Alone"

### Honorable Mentions:

Carsen Landrum (8th) "Aquatic Cosmos"

Elaina Kunz (8th) "Gentle Giants"

Aubrey Nickerson (8th) "Bloom Loudly"



Pictured from left to right: Zoe Tiffany, Elaina Kunz, Carsen Landrum, Gabrielle Dellinger, and Aubrey Nickerson

## Glacier Peak Choir Invites You!

Welcome future 9<sup>th</sup> graders! If you love to sing, join GPHS Concert Choir! GPHS Concert Choir is an award-winning ensemble that learns a variety of fun and challenging music. This coming school year (2019-2020), GPHS Concert Choir members are traveling to Disneyland and singing there. Join the GPHS Choir Family to get memorable life-time experiences essential for a successful high-school career: confidence, leadership, stage presence, music reading, harmonizing, and performance! GPHS Concert Choir is an experience of a life-time! Join GPHS Concert Choir!

## Upcoming Valley View Choir Events

March 6 – Elementary Tour, all day fieldtrip

March 25 – MPMEA Jr. Choral Festival, required all day fieldtrip



The Snohomish School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained guide dog or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination: Title IX (program) and 504 – Scott Peacock, 1601 Avenue D, Snohomish, WA 98290, 360-563-7282, [scott.peacock@sno.wednet.edu](mailto:scott.peacock@sno.wednet.edu); Title IX (employee) and ADA – Darryl Pernat, 1601 Avenue D, Snohomish, WA 98290, 360-563-7285, [darryl.pernat@sno.wednet.edu](mailto:darryl.pernat@sno.wednet.edu); Harassment, Intimidation and Bullying – Shawn Stevenson, 1601 Avenue D, Snohomish, WA 98290, 360-563-7314, [shawn.stevenson@sno.wednet.edu](mailto:shawn.stevenson@sno.wednet.edu).