

8th Grade Health

Unit: Sexual Health

Lesson: Puberty

Days or Dates: 0.5 Days

Previous Lesson: Start of Unit		Next Lesson: Anatomy and Reproductive Systems	
Essential Standard(s):			
<ul style="list-style-type: none">• H2.Se2.8: Describe the physical, social, mental, and emotional changes that occur during adolescence. (Important)• H5.Se1.HS: Explain the role hormones play in sexual behavior and decision-making (Important)• H1.Se1.8b: Identify physical, emotional, and social effects of sexual activity (Essential)			
Learning Targets:			
<ul style="list-style-type: none">• I can identify one change per physical, social, and mental/emotional occurring during puberty for females.• I can identify one change per physical, social, and mental/emotional occurring during puberty for males.• I can identify one change per physical, social, and mental/emotional occurring during puberty for both males and females.• I can identify at least one physical, emotional, and social effect of sexual activity			
Academic Vocabulary:			
Ovulation	Uterus	Seminal Vesicles	
Fertilization	Cervix	Urethra	
Ova	Vagina	Pregnancy Trimester	
Sperm	Testicle	Erection	
Ovaries	Epididymis	Sexual intercourse	
Fallopian Tubes	Vas deferens		
	Prostate Gland		
Instructional Materials Needed:			
<ul style="list-style-type: none">• Any PowerPoints, handouts, graphic organizers, websites, etc.			
Puberty Lesson Teacher Guide Puberty Power Point Puberty Notes Template Puberty Video (Jimmy Kimmel) for Introduction Puberty Video (Puberty Explained)			
How will you assess that the standards are being learned?			
<ul style="list-style-type: none">• Please list any projects, assignments, formative assessments and cumulative assessments			
*No exit ticket for the Puberty lesson—lead straight into Reproductive System lesson			