

Birth Control Method	How it Works	Access to the Birth Control
Male Condom		Over the Counter
Female Condom	Blocks Sperm	
Pill		
Patch	Stops Ovulation, Changes uterus lining	
	Changes uterus lining	Must be placed and removed by doctor
Depoprovera Shot	Stops ovulation, changes uterus lining	
Nuva Ring	Stops ovulation, changes uterus lining	
	Stops ovulation, changes uterus lining	Must be placed and removed by doctor
	No Sex	
	Permanent surgical procedure to prevent sperm and egg from fertilizing	Doctor Procedure