

Unit: Sexual Health

Lesson: 3: Prevention (Contraception)

Date:

Main objectives/Standards:

Evaluate the effectiveness of abstinence, condoms, and other contraceptives in preventing pregnancy and STDs/HIV H1.Se4.HSa

Demonstrate how to use a condom correctly H7.Se4.HS

Identify local youth-friendly sexual health services

Understand that people can choose abstinence at different times in their lives H1.Se4.HSb

Lesson Sequence:

Estimated time	Topic/activity	Special notes
5 minutes	Attendance and check in: varies by teacher	
10 minutes	Review the Ppt: Abstinence and contraception	
20+ minutes	Classifying contraception worksheet/activity *students download the template/worksheet from Canvas *students use the table posted on today's module to read and learn about the various types of contraception	*Give students an example of how to work through the assignment -click on one type of contraception and go through the information together, filling out the "classifying contraception" worksheet together before semi-synchronous work time *consider putting students into breakout rooms so that they can work together!
10-15 minutes	Class review *screen share the teacher's guide and review the worksheet together *help students submit the assignment	

5 minutes	Exit chat: "Where can youth go if they need sexual health services?"	Possible answers: *family doctor *pharmacy (you don't need a prescription to purchase condoms) *local youth-friendly sexual health services (planned parenthood in Everett) *school nurse