

3: INSERTIVE (FEMALE) CONDOM

Failure rate:
21%



The Insertive (female) condom, which is available over the counter, is a plastic sheath that is inserted into the vagina. It is held in place by two flexible rings. One ring covers the cervix. The other ring remains outside of the vagina. The insertive condom may be used only once and then needs to be thrown away. Although the insertive condom does provide some protection from STIs, it does not provide the same level of protection as the male condom.