

Unit: Sexual Health

Lesson: 4: Prevention-STDs

Date:

Main objectives/Standards:

Understand that people can choose abstinence at different times in their lives H1.Se4.Hsb

Advocate for STD testing and treatment for sexually active youth. H8.Se4.HS

Lesson Sequence:

Estimated time	Topic/activity	Special notes
5 minutes	Attendance and welcome: varies by teacher	
3 minutes	Opening slide "quick quiz" -have students just answer the questions to themselves	*all answers are true. This is a great way to start thinking about the risks of sexual contact
10-15 minutes	Ppt: Sexually Transmitted Diseases and Infections (stop right before the HIV slides)	Important points: <ul style="list-style-type: none">• If you suspect you have an STD or have had unprotected sexual contact, it is important to get tested and tell all partners• Behaviors for reducing the risk of STDs greatly impact your risk: practicing abstinence, not using drugs, choosing friends who support your decision to remain abstinent, using sexual fidelity, and using barrier (male condom) protection• Highlight "sexual fidelity" and make sure teens know that this is not as effective at a young age and youth that are sexually active are more likely to have multiple partners.
15-25 minutes	Breakout group work: HIV/AIDS PSA Project	<ul style="list-style-type: none">• Have groups work together to come up with a public service announcement about HIV/AIDS.• Groups can focus on one aspect of the disease (such as the current status of the epidemic or modes of transmission)

		<ul style="list-style-type: none"> • Groups can use information from the class notes/ppt or do their own research. • Suggested websites: -Hiv.gov -Avert.org -Cdc.gov -kidshealth.org
3 minutes	Exit ticket: Answer in the chat: Why is it important to advocate for STD testing among sexually active teens?	Probable answers: <ul style="list-style-type: none"> • Prevents widespread infections • Most STDs are curable or treatable • Adult behaviors = adult responses • Can prevent infertility in the future