

SEXUAL VIOLENCE
PREVENTION AND
WASHINGTON STATE LAW(S)

CHARACTERISTICS OF A HEALTHY RELATIONSHIP

Good Communication: active listening, 2-way communication, I-messages, zero aggression or passive aggressiveness

Shared values/morals

Similar personalities/compatibility/likes and dislikes

Individual identities (one person doesn't "give in" to the other all the time)

UNHEALTHY RELATIONSHIPS...

1. Poor communication: name calling, 1 way communication, aggression, passive aggression
2. Abuse: physical, mental, or emotional
**Cycle of violence review*
3. Loss of identity
4. Interests are very different: cause problems, not compatible
5. Different values/morals

Cycle of Violence

Tension-Building

- Picks fights.
- Acts jealous and possessive.
- Criticizes or threatens.
- Has unpredictable mood swings.
- Isolates victim from others.

Violent Episode

- Uses force.
- May use a weapon.
- Causes serious injury.
- May destroy possessions.

Calm

- Asks for forgiveness.
- Makes promises.
- Buys presents.
- Is affectionate.
- Denies the abuse happened.

7 The cycle of violence is a repeated pattern of tension-building, violent episodes, and a calm. Over time, the cycle may

UNHEALTHY RELATIONSHIPS
CONTINUED

Key points:

- Dating violence is a pattern of physical, emotional, or sexual abuse that occurs in a dating relationship

CONSENT

RCW definition is "at the time of the act of sexual intercourse or sexual contact there are actual words or conduct indicating freely given agreement to have sexual intercourse or sexual contact."

In other words: **Affirmative consent** is a knowing, voluntary, and mutual decision among all participants to engage in **sexual** activity. **Consent** can be given by words or actions, as long as those words or actions create clear permission regarding willingness to engage in the **sexual** activity.

CONSENT

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Consent is:

1) active: "yes means yes"

2) based on equal power

3) a choice, process

SEXUAL HARASSMENT IS...

Doing or saying
anything sexual that
makes the other person
feel uncomfortable.

SEXUAL ASSAULT IS...

forcing someone to have sexual contact.

This could mean touching, kissing, flashing, showing sexual pictures or movies, taking photos or videos of someone naked, or forcing someone to touch himself or herself in a sexual way.

RAPE IS...

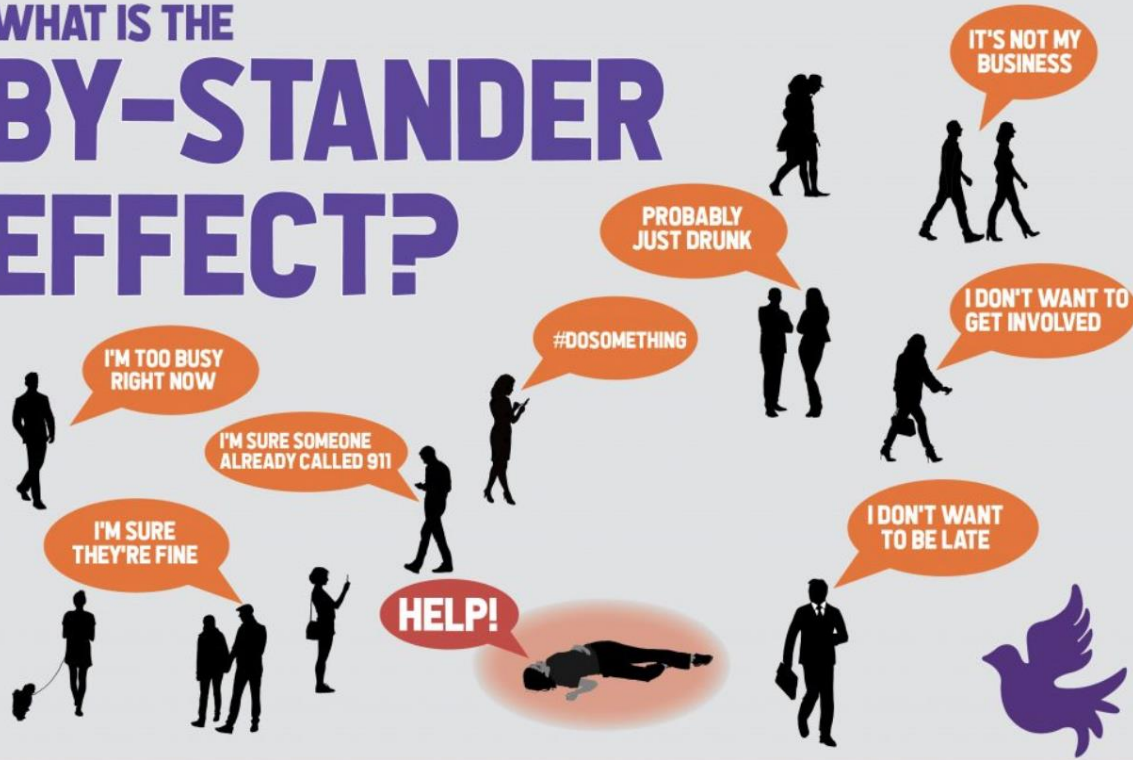
Forcing someone to
have sex by
penetrating their
vagina, anus, or mouth
using body parts or an
object



SEX TRAFFICKING...

using force, fraud, or coercion to sexually exploit someone.

WHAT IS THE BY-STANDER EFFECT?



THE BYSTANDER EFFECT

The **BYSTANDER EFFECT** is the tendency of individuals to feel less responsible to help or take action when they are in a group. There are many reasons why people choose not to get involved when they witness a threatening or uncomfortable situation, especially when there are others present. Some people just don't want to get involved, or they look to others to step in, or they fear becoming a target themselves if they do or say something.

"If you see something, say something!"
Your actions can help someone else.



WASHINGTON STATE LAW(S) RELEVANT TO SEXUAL HEALTH

The following documents are posted in today's module for your review:

Minor's healthcare rights in Washington State (including safe surrender of infants)

Laws relevant to sexual health (including:)

- age of consent and age differential laws

- Laws related to sending pictures of minors engaged in sexually explicit conduct

AGE OF CONSENT

STATUTORY RAPE laws state that sex between individuals with certain age differences is illegal. The younger people in these situations may or may not have given verbal consent for the sexual activity that took place. They are incapable of legally giving consent because of their age. These age differences vary from state to state. If statutory laws were not covered on the page provided above for sexual assault and abuse laws, find additional information here:

State	Age of consent	Minimum age of victim	Age Differential:
Washington	16	N/A	2 (if victim is < 12)
			3 (if victim is < 14)
			4 (if victim is < 16)



[HTTPS://WWW.YOUTUBE.COM/WATCH?V](https://www.youtube.com/watch?v=FGOWLWS4-KU)
[=FGOWLWS4-KU](https://www.youtube.com/watch?v=FGOWLWS4-KU)

Consent: "Tea video"

FACTORS AFFECTING CONSENT

- 1) Drugs and Alcohol
- 2) Age (minors cannot give consent)
- 3) Special needs
- 4) Inability to communicate
- 5) Coercion: threats or bribing/extortion
“if you do this, I’ll give you this”



MADDY & STEVEN'S STORY

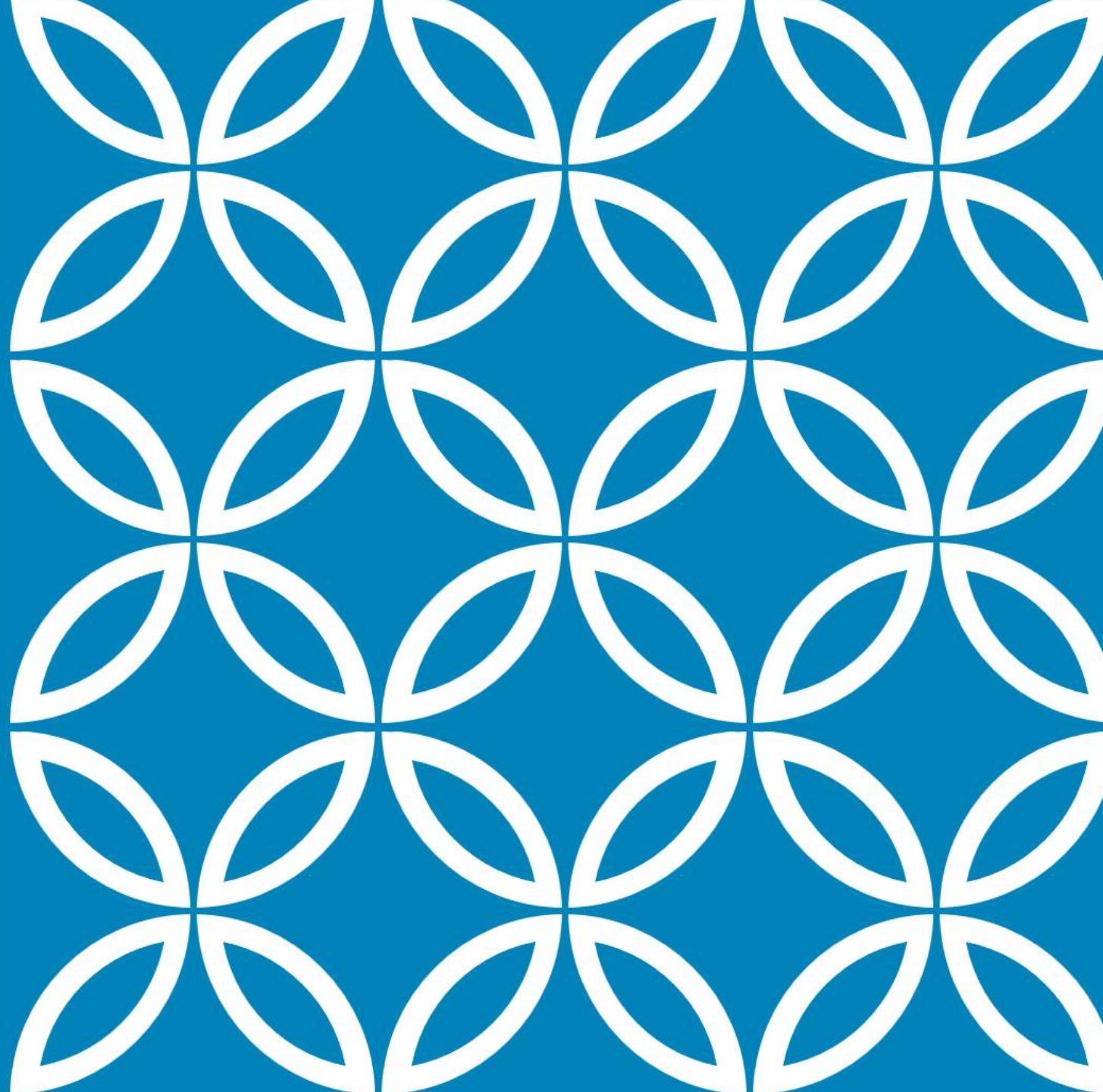
Listen to the story from each point of view. Determine if consent was present during this scenario.

GUIDING QUESTIONS

1. Did either Steven or Maddy have expectations for the night?
2. Do you think one of the them led the other one on? Who and how?
3. In your opinion, who do you feel was the aggressor and why?
4. Was Maddy raped or assaulted?
5. If you were in the same situation, would you go to the dance?
6. In Maddy's story, did she consent?
7. If Maddy's story is true, from Steven's perspective, did Maddy consent?
8. If you were Maddy, would you tell someone what happened? Why or why not?
9. If you were Steven, would you tell someone what happened? Why or why not?

REMEMBER:

If you or someone you know has been the survivor of sexual harassment or sexual assault, remember that it is NEVER their fault. It is VERY important to talk to a trusted adult and GET HELP.



ENDING THE ABUSE

What you can do:

- Speak up assertively when you feel disrespected
- Use your refusal skills to reject unwanted sexual advances
- Avoid having to be alone with someone you don't trust
- Report behavior

Victims/survivors often experience guilt, shame, responsibility, and high stress. It is important to talk with a trusted adult or counselor

Need help?

Call 800.656.HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area.