



**Snohomish School District**  
**Access to Learning**  
**First grade**

Dear Parents and Guardians,

Welcome! We hope that you and your family are doing well.

While students are away from school, Snohomish School District is committed to helping students maintain their access to learning and stay engaged academically.

We have compiled **suggested** activities designed to keep student minds thinking about different content areas in the next two weeks. The activities are grouped into five menus of options, with each menu building off each other for some content areas. There is no expectation or need for families to do every activity, every day. At the very least, however, students and families are encouraged to read every day.

Access to learning from home is not meant to replicate the learning experience at school. Students are encouraged to engage in these suggested activities at a comfortable pace. Students may work and learn in 20- to 30-minute sessions depending on their age and attention span; our hope is that students and families enjoy these learning opportunities together.

Students are welcome to share their work or reflections on the activities with teachers, but this is not an expectation. Work shared with teachers will not be graded. **While the learning activities are encouraged, they are not required, nor will they be graded.**

We would like to thank our colleagues from other school districts, such as Riverview School District, for sharing their resources with us.

Please don't hesitate to reach out if you have any questions. We thank you for your support, patience and fighting spirit as we navigate the unforeseen together on behalf of our students! Have fun and stay safe!

## Suggested Activities for Students

### 1<sup>st</sup> Grade – Menu of Options 1

#### Reading

Read 20 minutes each day. Based on your child's reading skills this could be a combination of parent read-aloud and student independent reading. Use one of your books or read a story from [Storyline Online](https://www.storylineonline.net/) (<https://www.storylineonline.net/>). Describe the characters in the story, including the character's names, their feelings, and describe the setting (where did the story happen?). How did the story end? Which character did you like the most, and why?

#### *Play a matching memory game*

Write up to 10 different words on different cards, sticky notes, or cut-up paper and repeat so that each word is written on 2 different cards. Mix up the cards and lay them flat on the ground in rows, stick them to the wall, put them on a poster, etc. The child will flip over two cards hoping for a match. If the second card the child flips over is not a match, they will flip both back over and try again. This process continues until all matches have been discovered. Each time the child flips a card, they should read the word on the card. Repeat this activity this week and into the next few weeks as long as your child is still engaged with the game. If you are noticing the words are too easy, keep adding cards to the game. Another extension may be to find rhyming words instead of finding the same CVC (consonant-vowel-consonant) word (for example, hat and cat or bag and rag) or use CVCe words (Consonant-vowel-consonant with a silent e). For example, cake-cake or side-side. You could extend this with rhyming words as well (cake-rake, side-ride, bike-spike, etc.)

Variations depending on your child's needs:

- CVC word match (cat-cat, bat-bat, ran-ran OR fan-tan, bag-tag, rap-tap, etc.) \*
- CVCe word match (kite-kite, bike-bike OR cake-rake, late-date, etc.) \*
- First grade sight word match (and, the, from, because, etc.) \*

*Sight words are the most commonly used words in the English language and many of them cannot be decoded by sounding them out. These are words children must memorize and know them by sight. Your child will come across these in nearly every book they read from kindergarten on.*

We will play this again so save your materials.

<b>Writing</b>	<p><i>Writing about Reading</i></p> <p>Write about your favorite part of the story. Include details from the story in in your writing. What happened? How did the character feel at this part of the story? Was it funny? Scary? Exciting?</p>
<b>Play</b>	<p>Play a board game, card game, hide-and-seek, etc. Organized games help children with impulse control (Don't give away your hiding spot!), decision making (Should I break up my roll or move one piece?), emotional control (It is okay to lose.), following directions (Move to the next red space.), math skills (Count or recognize numbers of dots on dice.), and physical skills (For active games like tag.).</p>
<b>Math</b>	<p>Write numbers from 0 to 120 (or higher). When you are counting, feel free to add in movement like jumping jacks or high fives.</p> <p>Count out objects (coins, toys, cereal, pasta) to represent each number. For students who need more of a challenge, increase the number of objects.</p> <p>Practice counting to 120 with <u>Jack Hartman</u>  <a href="https://www.google.com/search?q=jack+hartman+count+to+120&amp;oq=jack+hartman+count+to+120&amp;aqs=chrome..69i57j0l7.4816j0j8&amp;sourceid=chrome&amp;ie=UTF-8">https://www.google.com/search?q=jack+hartman+count+to+120&amp;oq=jack+hartman+count+to+120&amp;aqs=chrome..69i57j0l7.4816j0j8&amp;sourceid=chrome&amp;ie=UTF-8</a></p> <p><b>Addition Bowling</b></p> <p>Set up 10 bowling "pins" and roll any small ball to knock down some pins. Write the number of pins that were knocked down on a piece of paper or a whiteboard. Then add an addition sign. Set the pins back up, roll again. Write the rest of the equation by writing how many pins were knocked down on the second roll. Add the numbers to find the sum.</p> <p>Example:  Student knocks down 5 pins on first roll (write 5+)  Student knocks down 3 pins on the second roll (5+3=)  Draw to solve or use small counters to help solve</p> <p><b>Materials</b></p> <ul style="list-style-type: none"> <li>• Bowling Pins: Paper, Styrofoam, or plastic cups, or toilet paper rolls</li> <li>• A small ball (tennis balls work great)</li> <li>• Paper or white board and something to write with</li> <li>• Manipulatives or counters for students who need them (small rocks, beans, M&amp;Ms, cereal)</li> </ul> <div data-bbox="394 1686 906 1904"> </div>

<p style="text-align: center;"><b>PE</b></p>	<p>Do one of the following activities independently or with a family member.</p> <p>3 push ups  10 jumping jacks  30 seconds of planks  20 jump rope jumps (pretend jump rope)</p> <p>Visit the websites below for more PE fun.  Yoga for Kids <a href="https://www.youtube.com/watch?v=X655B4ISakg">https://www.youtube.com/watch?v=X655B4ISakg</a>  Kidz Bop Dance Along Video  <a href="https://www.youtube.com/watch?v=sHd2s_saYsQ">https://www.youtube.com/watch?v=sHd2s_saYsQ</a></p>
<p style="text-align: center;"><b>Science</b></p>	<p>What happens when materials vibrate?</p> <p>Focus: Hearing &amp; Listening</p> <p>Directions:</p> <ol style="list-style-type: none"> <li>1) Brainstorm with student: What sounds can we hear at home?</li> <li>2) Listen to the book <a href="#">The Listening Walk by Paul Showers.</a>  (<a href="https://www.youtube.com/watch?v=uCs66HaouFU">https://www.youtube.com/watch?v=uCs66HaouFU</a>)</li> <li>3) Add any other ideas the student may have after listening to the book.</li> <li>4) Have student do a Listening Walk of their own around the house (inside &amp; out). Have student record (write or draw) the different sounds they hear on their Listening Walk.</li> <li>5) Listen to the book <a href="#">All About Sound</a> by Lisa Trumbauer (YouTube <a href="https://www.youtube.com/watch?v=oFhda010VH0">https://www.youtube.com/watch?v=oFhda010VH0</a>)</li> <li>6) Explore some of the <b>vibrations</b> (make sure to use this word) that were discussed in the book.</li> </ol>
<p style="text-align: center;"><b>Music</b></p>	<p>Learn some songs to wash your hands with by watching the video below.</p> <p><a href="#">20 second handwash parodies</a>  <a href="https://www.youtube.com/watch?v=a2LLF9eE_VI">https://www.youtube.com/watch?v=a2LLF9eE_VI</a></p>
<p style="text-align: center;"><b>Art</b></p>	<p>Learn how to draw a piggy by watching the video below.</p> <p><a href="#">Mo Williems Lunch Doodles</a> (<a href="https://youtu.be/9tVfVvmJP7E">https://youtu.be/9tVfVvmJP7E</a>)</p> <p>Draw a picture that represents the sounds you may have heard today or while you were listening to stories.</p>

## 1<sup>st</sup> Grade – Menu of Options 2

<b>Reading</b>	<p>Read 20 minutes each day. Based on your child’s reading skills this could be a combination of parent read-aloud and student independent reading. Read one of your books at home or read a story from <a href="https://www.storylineonline.net/">Storyline Online</a> (<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>). Describe the characters in the story, including the characters’ names, their feelings and how the characters’ feelings changed over time. What happened in the story to cause the feeling change? Describe the setting (where did the story happen?) and how the setting changed over time. How did the character interact with the setting?</p> <p>Play the matching game from the previous menu of options again. Add new words if your child is ready.</p>
<b>Writing</b>	<p><i>Writing about Reading</i></p> <p>Write an opinion you have about the story you read today. Why do you think the characters made the choices they made? Be sure to include the name of the book you read or listened to and state your opinion. For example, you might write: “In <u>Guji Guji</u>, I think Guji Guji was loyal to his family because he loved them. They were his family, so he wanted to protect his family.”</p> <p>If your child doesn’t know how to spell a word, encourage them to use or invent their own spelling of the word. If you know your child’s high frequency words, encourage them to spell those correctly in their writing.</p>
<b>Play</b>	<p>Play a board game, card game, hide-and-seek, etc. Organized games help children with impulse control (Don’t give away your hiding spot!), decision making (Should I break up my roll or move one piece?), emotional control (It is okay to lose.), following directions (Move to the next red space.), math skills (Count or recognize numbers of dots on dice.), and physical skills (For active games like tag.).</p> <p>Play the game “I Spy “where you give clues about something you are thinking about in the room. The other person guesses from the clues what you are thinking about in the room. Example, “I am thinking of something that is large, flat and takes you many places.” (Answer: TV)</p>
<b>Math</b>	<p>The parent puts down several objects on the table, and the student counts to determine the number of objects in the group. For example, the parent puts out a large handful of goldfish crackers, and the student counts the crackers by 2’s or 5’s by putting them in small groups and tells the parent how many total crackers. Then have a snack!</p> <p>Practice skip counting by 5s with <a href="https://www.youtube.com/watch?v=amxVL9KUmq8">Jack Hartmann</a>. (<a href="https://www.youtube.com/watch?v=amxVL9KUmq8">https://www.youtube.com/watch?v=amxVL9KUmq8</a>)</p> <p>Practice skip counting by 2s with <a href="https://www.youtube.com/watch?v=OCxvNtrcDIs">Jack Hartmann</a> (<a href="https://www.youtube.com/watch?v=OCxvNtrcDIs">https://www.youtube.com/watch?v=OCxvNtrcDIs</a>)</p>

	<p>Play addition bowling from the previous menu of options again! Make it more challenging by adding more pins or rolling three times.</p>
<p><b>PE</b></p>	<p>Do one of the following activities independently or with a family member.</p> <p>10 jumping jacks  Ride a bike or a scooter  Challenge a family member to a race (Who is runs faster?)  20 jump rope jumps (pretend jump rope)</p> <p>Visit the following website for more PE fun.  <a href="https://www.gonoodle.com">Gonoodle.com</a> (Fitness and movement videos)  <a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a></p>
<p><b>Science</b></p>	<p>What happens when materials vibrate</p> <p>Make and use a kazoo to discover how vibrations create sound waves that travel through the air to your ear. Plan and conduct an investigations to provide evidence that vibrating materials can make sound and that sound can make materials vibrate.</p> <p>Materials:</p> <ul style="list-style-type: none"> <li>• toilet paper tubes</li> <li>• waxed paper (cut into 4X4 squares) {You could use the bag from cereal or crackers}</li> <li>• aluminum foil (cut into 4x4 squares)</li> <li>• plastic wrap (cut into 4x4 squares)</li> <li>• rubber bands</li> </ul> <p>Directions:</p> <ol style="list-style-type: none"> <li>1. Review <b>vibration</b>: Vibrations create sound waves that travel through the air. <p style="margin-left: 40px;">Have you ever tossed a pebble or stone into the lake or a pool? Did you notice the waves created by your stone? Sound waves travel through the air kind of like the circle of ripples created by tossing a stone into the water. Today we are going to make a Kazoo to investigate vibrations that cause sound waves.</p> </li> <li>2. Follow the directions on “What’s the Buzz?” to make the kazoo.</li> <li>3. Play it! Place the open end of the kazoo lightly over your mouth and say AHHH! What happens? Now sing or hum a tune into it. Try making different kinds of sound to see what causes the loudest buzzing. <p style="margin-left: 40px;">Extensions: Touch the waxed paper with your finger while you play your Kazoo. What do you notice? Now cover the hole with your finger</p> </li> </ol>

while you play the Kazoo. What happens? Does the hole make it easier or harder to play? Why?

Activity Sheet

# What's the BUZZ?

Make an instrument that anyone can play—a kazoo—and get the buzz on sound vibrations!



### 1 Get what You need.

- toilet paper tubes • waxed paper • aluminum foil • plastic wrap • rubber bands • scissors
- sharpened pencil • plastic comb (optional— for Dig Deeper activity on back of sheet)

### 2 Make a Kazoo.

- Use a pencil to make a small hole about two inches from one end of the cardboard tube.
- Cut a square of waxed paper that's an inch or two wider than the end of the tube.
- Wrap the waxed paper tightly over the end of the tube where you made the hole. Hold it in place with a rubber band, making sure you don't cover the hole you made. Trim off any excess waxed paper with scissors.

### 3 Play it!

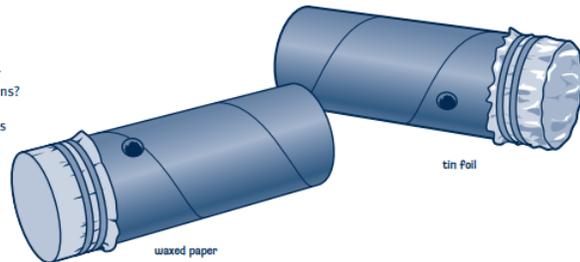
Place the open end of the kazoo lightly over your mouth and say, "AAHHH!" What happens? Now sing or hum a tune into it. Try making different kinds of sounds to see what causes the loudest buzzing.

### 4 Experiment.

- Touch the waxed paper with your finger while you play the kazoo. What do you notice?
- Cover the hole with your finger while you play the kazoo. What happens? Does the hole make it easier or harder to play it? Why?
- Make more kazoo's, changing one thing (called a *variable*). Instead of waxed paper, try tin foil or plastic wrap. Predict which material you think will make the best sound. Test it out. Were your predictions right?

### Chew on This!

All sound is made up of vibrations (rapid back-and-forth movement), which produce sound waves that travel through the air to our ears. When you play a kazoo, air carries the sound waves from your mouth down the tube, making the waxed paper vibrate. You can feel those vibrations if you touch the waxed paper.



**Music**

Visit the [New York Philharmonic Kids](https://www.nyphilkids.org/) website and play the games. (<https://www.nyphilkids.org/>)

**Art**

Learn how to draw an elephant by watching the video below. [Mo Williems Lunch Doodles](https://youtu.be/30DCOGTgn_o) ([https://youtu.be/30DCOGTgn\\_o](https://youtu.be/30DCOGTgn_o))

## 1<sup>st</sup> Grade – Menu of Options 3

**Reading**

Read 20 minutes each day. Based on your child's reading skills this could be a combination of parent read-aloud and student independent reading. Use one of your books or read a story from [Storyline Online](https://www.storylineonline.net/) (<https://www.storylineonline.net/>). While reading, discuss who is telling the story. Describe why you think they are telling the story and give details to show how you know this.

CVC or CVCe words:

-Sort the CVC words from the matching game into word families. For example, all words that end with -an would be in one word family (ran, fan, tan, etc.) while all of the words that end with -et would be in a different word family (vet, pet, let, get, etc.)

	<p>- Sort the CVCe words from the matching game into word families. For example, all words that end with –ate would be in one word family (state, late, skate, etc.) while all of the words that end with –ike would be in a different word family (bike, like, Mike, etc.)</p> <p>Sight words:</p> <ul style="list-style-type: none"> <li>-Put shaving cream on the counter and have your child write the sight words in the shaving cream.</li> <li>-Write the words with a stick in the dirt.</li> <li>-Write the words with sidewalk chalk.</li> <li>-Use rocks from the yard to build the words.</li> <li>-Play sight word BINGO</li> <li>-Use a dry erase marker on a window or window/glass door (it wipes right off).</li> </ul> 
<b>Writing</b>	<p><i>Informational or Narrative Writing</i></p> <p>Write about the animal that you draw today. It can be an informational piece of writing that tells the reader information about your animal, or it could be a piece of fiction that tells a story with a beginning, middle and end!</p>
<b>Play</b>	<p>Play a board game, card game, hide-and-seek, etc. Organized games help children with impulse control (Don't give away your hiding spot!), decision making (Should I break up my roll or move one piece?), emotional control (It is okay to lose.), following directions (Move to the next red space.), math skills (Count or recognize numbers of dots on dice.)</p> <p>Collect 10-15 items from around your home. Can you put them in groups? How would you name the groups? For example: A hat, a sock and shoes are all clothing items.</p>
<b>Math</b>	<p>Remove the face cards from a deck of cards to play greater than or less than (students may be more familiar with more than or less than). The student and his/her partner each lay down two cards to make a 2-digit number (e.g. child draws a 5 and an 8 to make 58). The partner does the same thing (e.g. 7 and 4 make 74). Each partner should write the new 2-digit number on a white board or paper. The student needs to be able to correctly identify which number is greater and which number is less. The student can practice saying "58 is less than 74. 74 is greater than the 58."</p>

	<p>Subtraction Bowling</p> <p>Set up 10 bowling “pins” and roll any small ball to knock down some pins. Write 10 minus the number of pins that were knocked down on a piece of paper or a whiteboard. (We will play this again another day.)</p> <p>Example:</p> <p>Student knocks down 5 pins on first roll (write 10-5=)</p> <p>Draw to solve or use small counters to help solve.</p> <p>Materials:</p> <ul style="list-style-type: none"> <li>• Bowling Pins: Paper, Styrofoam, or plastic cups, or toilet paper rolls</li> <li>• A small ball (tennis balls work great)</li> <li>• Paper or white board and something to write with</li> <li>• Manipulatives or counters for students who need them (small rocks, beans, M&amp;Ms, cereal)</li> </ul>
<b>PE</b>	<p>Do one of the following activities independently or with a family member.</p> <p>20 jump rope jumps (pretend jump rope)</p> <p>Find a ball and practice kicking or dribbling</p> <p>How far can you hop, skip, jump and run?</p> <p>Visit the following website for more PE fun.</p> <p><a href="https://www.gonoodle.com">Gonoodle.com</a> (Fitness and movement videos)</p> <p><a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a></p>
<b>Science</b>	<p>What happens when materials vibrate?</p> <p>Read the NSTA Interactive ebook “<a href="https://my.nsta.org/ebook/109162/sound-all-around/5">Sound All Around</a>”</p> <p><a href="https://my.nsta.org/ebook/109162/sound-all-around/5">https://my.nsta.org/ebook/109162/sound-all-around/5</a></p>
<b>Music</b>	<p>Dance along to Old Town Road by watching the video below.</p> <p><a href="https://www.youtube.com/watch?v=-0Xn4kd8xqY">https://www.youtube.com/watch?v=-0Xn4kd8xqY</a></p> <p>Make an instrument out of common household objects (e.g. pots and pans, spoons, garbage cans, tin cans, cardboard boxes, etc.)</p>
<b>Art</b>	<p>Learn how to draw a bird or a pigeon by watching the video below.</p> <p><a href="https://youtu.be/RmzjCPQv3y8">Mo Williems Lunch Doodles</a> (<a href="https://youtu.be/RmzjCPQv3y8">https://youtu.be/RmzjCPQv3y8</a>)</p> <p>Draw a picture of your favorite animal and color it if you have crayons or color pens.</p>

<b>1<sup>st</sup> Grade – Menu of Options 4</b>	
<b>Reading</b>	<p>Read 20 minutes each day. Based on your child’s reading skills this could be a combination of parent read-aloud and student independent reading. Use one of your books or read a story from <a href="#">Storyline online</a>. Look and listen for words or phrases in the story that show feeling or sound interesting to you. Talk about these words and describe why you think the author used them.</p>

	Go on a word/letter hunt! Find certain letters, CVC words or sight words in books!
<b>Writing</b>	<i>Personal Narrative Writing</i> Write about something that you saw or thought about today that made you feel a certain way. Maybe it made you feel happy, or sad, or worried, or excited or maybe it was another feeling. Try out words and use examples and details to help show the reader how you are feeling.
<b>Play</b>	Play a board game, card game, hide-and-seek, etc. Organized games help children with impulse control (Don't give away your hiding spot!), decision making (Should I break up my roll or move one piece?), emotional control (It is okay to lose.), following directions (Move to the next red space.), math skills (Count or recognize numbers of dots on dice.)  Play a physical game like "Tag" with a family member.
<b>Math</b>	Play subtraction bowling from the previous menu of options again! Make it more challenging by adding more pins!
<b>PE</b>	Do one of the following activities independently or with a family member. <ul style="list-style-type: none"> <li>• Indoor bowling: Ten objects (plastic bottles, toilet paper roll inners, rectangular boxes) are set out on the floor. Players roll a ball from the other side of the room and try to knock down the objects.</li> <li>• Dance to "Heads, Shoulders, Knees and Toes."</li> <li>• Play "Ring around the Rosey."</li> </ul> Visit the following website for more PE fun. <a href="https://www.gonoodle.com">Gonoodle.com</a> (Fitness and movement videos) <a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a>
<b>Science</b>	What happens when materials vibrate?  Make a simple whistle (Duck Call) out of a straw by watching the video below. ( <a href="https://sciencebob.com/make-a-simple-duck-call/">https://sciencebob.com/make-a-simple-duck-call/</a> )  Materials: <ul style="list-style-type: none"> <li>-One plastic straw</li> <li>-Scissors</li> </ul> <ol style="list-style-type: none"> <li>1. Follow directions on the website (<a href="https://sciencebob.com/make-a-simple-duck-call/">https://sciencebob.com/make-a-simple-duck-call/</a>)</li> <li>2. How does it work?</li> <li>3. This is science? It sure is. You see all sounds come from vibrations. That little triangle that you cut in the straw forced the two pieces of the point to VIBRATE very fast against each other when you blew through the straw. Those vibrations from your breath going through the straw created that</li> </ol>

	<p>strange duck-like sound that you heard. Now you will never be bored again when you go to a fast food restaurant! Have fun!</p> <p>Make it an experiment.</p> <p>The project above is a DEMONSTRATION. To make it a true experiment, you can try to answer these questions:</p> <ol style="list-style-type: none"> <li>1. Which size straw makes a sound the most like a duck?</li> <li>2. Which length of straw is the easiest to get a sound? Which is the hardest?</li> <li>3. Does the diameter of the straw affect the sound it produces?</li> </ol>
<b>Music</b>	<p>Learn about Beethoven from this FaceTime with Composers video by watching the video below.  <a href="https://www.youtube.com/watch?v=YxrpW1rWT8">https://www.youtube.com/watch?v=YxrpW1rWT8</a></p> <p>Play your created instrument from the previous menu of options along with your favorite song.</p>
<b>Art</b>	<p>Learn how to make an impossible house and puppets out of toilet paper rolls by watching the video below.  <a href="https://youtu.be/N90fLxaBCGE">Mo Willems Lunch Doodles (https://youtu.be/N90fLxaBCGE)</a></p> <p>Who was your favorite character from the stories you heard or read today?          Can you draw them and add color?</p>

<b>1<sup>st</sup> Grade – Menu of Options 5</b>	
<b>Reading</b>	<p>Read for 20 minutes. Do a shared reading. Adult reads one part; child reads another part (with help if necessary). When done, choose a part of the story to act out!</p> <p>Sing sight word songs by watching one of the videos below.  <a href="https://www.youtube.com/watch?v=3zJJ1S6-rMc">https://www.youtube.com/watch?v=3zJJ1S6-rMc</a>  <a href="https://www.youtube.com/watch?v=boSwtN7RWtU">https://www.youtube.com/watch?v=boSwtN7RWtU</a>  <a href="https://www.youtube.com/watch?v=1ebGBO3mBwM">https://www.youtube.com/watch?v=1ebGBO3mBwM</a></p> <p>Sing vowel team songs by watching the video below.  <a href="https://www.youtube.com/results?sp=mAEB&amp;search_query=vowel+teams">https://www.youtube.com/results?sp=mAEB&amp;search_query=vowel+teams</a></p>
<b>Writing</b>	<p><i>Personal Narrative</i></p> <p>Write a story about your week at home.</p> <p>Include:</p> <ul style="list-style-type: none"> <li>• Characters (who is in your house with you)</li> <li>• Setting (a picture of your house/yard etc.)</li> </ul>

	<ul style="list-style-type: none"> <li>• Details to help the reader know what happened in the beginning, middle and end (what happened first, next, last).</li> <li>• Provide the reader with a sense of closure.</li> </ul>
<b>Play</b>	Play a board game, card game, hide-and-seek, etc. Organized games help children with impulse control (Don't give away your hiding spot!), decision making (Should I break up my roll or move one piece?), show emotional control (It is okay to lose.), and follow directions (Move to the next red space.), math skills (Count or recognize numbers of dots on dice.), Match playing cards by numbers. How many pairs can you find?
<b>Math</b>	Do an activity from one of the previous menu of options.
<b>PE</b>	<p>Do one of the following activities independently or with a family member.</p> <ul style="list-style-type: none"> <li>• 3 Push Ups</li> <li>• 10 jump jacks</li> <li>• 30 seconds of planks</li> <li>• 20 seconds wall sit</li> <li>• 20 jump rope jumps (pretend jump rope)</li> <li>• Practice tying your shoes.</li> <li>• Turn on your favorite song and dance.</li> </ul> <p>Visit the website below for more PE fun.  <a href="https://teachphysed.weebly.com">Teachphysed.weebly.com</a> (Let's Dance Videos)  <a href="https://teachphysed.weebly.com/lets-dance-videos.html">https://teachphysed.weebly.com/lets-dance-videos.html</a>)</p>
<b>Science</b>	<p>What happens when materials vibrate?</p> <p>Watch videos of unique instruments playing music (student does not need to watch the entire video). Can you figure out how vibrations are being created on each instrument?</p> <ol style="list-style-type: none"> <li>1. Glass Armonica: <a href="https://www.youtube.com/watch?v=eQemvyyJ--g&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=14">https://www.youtube.com/watch?v=eQemvyyJ--g&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=14</a></li> <li>2. Array Mbira: <a href="https://www.youtube.com/watch?v=Z3b1bz_9gEo&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=15">https://www.youtube.com/watch?v=Z3b1bz_9gEo&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=15</a></li> <li>3. Harp: <a href="https://www.youtube.com/watch?v=S1-LCnGojnw&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=9">https://www.youtube.com/watch?v=S1-LCnGojnw&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=9</a></li> <li>4. Lyre: <a href="https://www.youtube.com/watch?v=tOIEYU3qpQk&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=8">https://www.youtube.com/watch?v=tOIEYU3qpQk&amp;list=PL2bgTBIK2cLTXP4dtBz-KyaH0hUDEoxFp&amp;index=8</a></li> </ol>
<b>Music</b>	Teach your family a dance OR have a dance party with your favorite music!

	(Some dances to consider: Bow Wow Wow, Sasha!, Jump Jim Joe, Ram Sam Sam, Chimes of Dunkirk, Maya Hee)
<b>Art</b>	<p>Draw a springtime themed picture that might include flowers, grass, trees, butterflies, birds or other objects associated with spring.</p> <p>Draw your favorite instrument. What can you add to your drawing that would illustrate that is it playing music?</p>