



7th Grade Citizenship

Week 2 Choice Board

<p><u>Habit 1: Be Proactive</u></p> <p>Think about the last time you got mad or upset and said something unkind. Share an idea for a more proactive response.</p>	<p><u>Habit 2: Begin With the End In Mind</u></p> <p>Draft a family mission statement by using exactly seven more words to complete this prompt:</p> <p>Our family mission is to commit daily to...</p>	<p><u>Habit 3: Put First Things First</u></p> <p>What are your important “Big Rocks”? Block out time for them.</p>
<p><u>Habit 4: Think Win-Win</u></p> <p>Make a t-chart. On the left, record ideas about what makes a bad teammate. On the right, record ideas about what makes a good teammate. What kind of teammate do you think you are and why? (This also goes for siblings...What kind of sibling do you want to be?)</p>	<p><u>Habit 5: Seek First to Understand, Then to Be Understood</u></p> <p>Watch this virtual assembly with your family (Houston Kraft is a former DH/CMS/SHS student). Talk about it after your watch it.</p> <p>https://www.youtube.com/watch?v=SlpT1lpqopp</p>	<p><u>Habit 6: Synergize</u></p> <p>Write down the names of the members of your family. Record two or three talents or strengths for each person. Share this with your family.</p>
<p><u>Habit 7: Sharpen the Saw</u></p> <p>Learn to juggle. Juggling is a great left brain-right brain activity. You can find videos on YouTube. You can use clean socks. Or dirty ones, but that is just gross! 😊</p>	<p><u>Kindness Challenge #3</u></p> <p>Think of someone important to you. Celebrate this person’s ¼ or ½ or 1/16th birthday for fun. Send them a BIG Happy Birthday note or text them and tell them why you appreciate them.</p>	<p><u>Kindness Challenge #4</u></p> <p>Find a present or note/text that this person gave you. Video call them and tell them how much you appreciate it still.</p>