



7th Grade Citizenship Choice Board

Habit 1: Be Proactive

List ideas of things you can do when you are bored.
Keep the list in a visible spot and add to it as you have new ideas.

Habit 2: Begin With the End In Mind

Set a family goal and a personal for the week.
Make a plan for achieving this short-term goal.

Habit 3: Put First Things First

Talk about what is most important to your family.
Make a list of your family's top three Big Rocks (most important priorities).

Habit 4: Think Win-Win

Make a "wish poster". Start by drawing a line down the middle of the poster. On one side, record the student's hopes, dreams and wishes. On the other side, record the parent/guardian's hopes, dreams, and wishes. How can your family work together to make both sets of wishes a reality?

Habit 5: Seek First to Understand, Then to Be Understood

Think of someone in your family who is a great listener. What makes them a great listener?

Habit 6: Synergize

Complete a family project or chore together.

Habit 7: Sharpen the Saw

Read a book together as a family.

Kindness Challenge #1

Go for a walk and identify 5 things that you are grateful for that exist within a 10 min walk of where you live.

Kindness Challenge #2

Challenge 3 friends to send you a picture of what they believe will most make you say, "Awww!!"