



# 8th Grade Leadership Choice Board

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| <p>What did you do for other's today?...Let's let that questions guide us to be better servant leaders.</p>                                                                            | <p>Be helpful to your parents without being asked.</p> <ul style="list-style-type: none"> <li>• Clean up your room</li> <li>• Take out the trash</li> <li>• Vacuum a room</li> <li>• Dust a room</li> <li>• Do the dishes</li> <li>• Pull some weeds</li> <li>• Help with breakfast, lunch, or dinner</li> </ul> | <p>Make a nice card for someone you live with. Tell them why you love and appreciate them.</p>                                           |
| <p>Journal about this time. It will be one for the history books. Write down your thoughts, feelings, worries, and hopes. Document what you are thinking about and feeling, daily.</p> | <p>Create a calendar of daily Random Acts of Kindness. Maybe for April? There are many examples online, but you can think of some of your own.</p>                                                                                                                                                               | <p>Begin a Gratitude Journal. Write down a few things each day, that you are grateful for.</p>                                           |
| <p>Reach out to someone you haven't talked to in a while via phone, text, Face Time, Zoom, etc. Touch base and make sure they are doing okay.</p>                                      | <p><b>Kindness Challenge #1</b><br/>Go for a walk and identify 5 things that you are grateful for that exist within a 10 min walk of where you live.</p>                                                                                                                                                         | <p><b>Kindness Challenge #2</b><br/>Challenge 3 friends to send you a picture of what they believe will most make you say, "AWWWWW!"</p> |