

Human Growth and Development



5.1

F.L.A.S.H. Lesson 1:
Introduction

Introduction

- This unit is about “Sexuality”
- Purpose:
 - You will have correct information about things like bodies and growth
 - You will feel comfortable asking questions of trusted adults
 - You will understand and appreciate yourselves, your families and one another
 - You will be empowered to confront sexual abuse



Case Study

- Listen to the Case Study
- Questions to consider:
 - Why do you think some people laughed?
 - How did Shawna feel?
 - Do you think other people will raise their hands from now on? Why not? How will they feel about speaking in class?
 - If you were the teacher, how would you handle the problem?
 - How could the problem have been avoided in the first place?
 - Do you think this kind of thing could happen in OUR class?
 - How can we keep it from happening here? Why don't we develop a contract for how we'll treat each other during this unit?



Ground Rules

- **Be safe**
 - It's okay NOT to ask questions or share personal beliefs
 - It's okay NOT to answer a question (for teachers, too!)
- **Be kind**
 - No put-downs
 - Be considerate of other people's feelings
- **Be respectful**
 - Any question is a good question
 - Protect people's privacy
- **Be the best you can be**
 - Use medically-accurate terms



Question Box

- As we learn, write your questions on the cards provided and drop them in the box
- Your teacher will answer as many questions as possible



Movie

- “You, Your Body, and Puberty”

